

Education



UPDATE: 08-09-2018

Educating young disadvantaged students in Central Vietnam.

Congratulations to our LSF education scholarship students who have beaten the odds and were successful in their entrance examination to one of the most famous high schools for gifted students in Quang Nam Province, Le Thanh Tong High School. They competed against 700 students for a place at this school and they will now complete year 10 to year 12 at this school.

We are SO proud of your achievement.

From left to right:

- Buu received a study average 9.4 out of a possible 10 in year 9 and he was ranked 1st in his class. Buu will focus on classes for gifted students in Geography.

Quynh received a study average of 9.3 out of a possible 10 in year 9. She will focus on classes for gifted students in Maths.

- Thu received a study average 9.2 out of a possible 10 in year 9. She will focus on classes for gifted students in Geography.

These students all live in very difficult situations which in turn makes them much more disadvantaged than their peers, however acceptance into this school will give them great motivation to keep striving to reach their full potential. Their LSF scholarship combined with the opportunity to study at this school will enable them all to attend University in three years time and to ultimately realize their dreams.

If you like and support what Lifestart Foundation is doing across so many projects please consider a donation, joining our Monthly Members Club or running a fundraising event for us



UPDATE: 15-09-2018

GREAT NEWS FOR LIFESTART FOUNDATION EDUCATION SCHOLARSHIP STUDENT - MY - Acceptance into Ho Chi Minh City University of Law.

My received a Lifestart Foundation education scholarship in year 6.

She comes from a family of four, including her dad, mum and younger sister. Her dad is a builder's assistant and her mum is a farmer. Their monthly income is approx \$150 usd. They grow rice and raise some chickens to help cover their basic living costs and live in very unstable housing.

My has always been a dedicated student and in Year 10 was accepted into Le Thanh Tong High school for gifted students.

After successfully completing Year 12 this year, she applied for her dream course in Ho Chi Minh City to study Law.

My has now moved to HCM City and is settling into Uni and life in the big city. She shares a room with two others and walks to school each day.

We are very proud of My's achievements this far and wish her well on the next part of her education journey.

Thanks to amazing donors, My's scholarship will continue to support her through her Law degree.



UPDATE: 13-10-2018

GREAT NEWS FOR LIFESTART FOUNDATION EDUCATION SCHOLARSHIP STUDENT - HIEN - Acceptance into Danang University of Foreign Languages Studies.

Hien received a Lifestart Foundation education scholarship in year 7.

After successfully completing Year 12 this year, Hien applied for her dream course at Danang University of Foreign Languages Studies and was accepted.

Hien has now moved to Danang City and is settling into Uni and life in the big city.

We are very proud of Hien's achievements and wish her well on the next part of her education journey.

Thanks to amazing donors, Hien's scholarship will continue to support her through her

English Language degree.

You can read more about Hien here:

<https://www.facebook.com/TheLifestartFoundation/photos/a.485561648156026.105984.310107192368140/1140664392645745>

<https://www.facebook.com/TheLifestartFoundation/photos/a.485561648156026.105984.310107192368140/878425058869681/?type=3&theater>



UPDATE: 14-10-2018

Medical Scholarship Project - Central Vietnam Doctors of the future.

On Oct 1st 2018, Lifestart Foundation awarded three more major Medical Scholarships at Hue University of Medicine and Pharmacy.

These scholarships are the most valuable on offer at the University.

The three scholarships were awarded to super impressive second year students who have demonstrated academic excellence and are from extremely disadvantaged backgrounds. By way of their chosen vocation they also meet our criteria of completing a degree in an area that will not only benefit themselves and their families in the future but more importantly the wider community.

We will post more about the individual recipients in future posts.

If you are interested in sponsoring a doctor through University and would like to know more about our part or full Medical Scholarships please see here for further details: <https://www.lifestartfoundation.org.au/projects/education/>

See here for more information about one of our successful graduates from Hue University of Medicine and Pharmacy - Dr. Tran Van A who is now specializing in Pediatric Oncology:

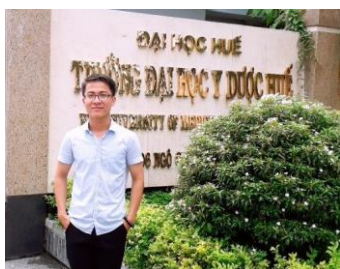
<https://www.facebook.com/TheLifestartFoundation/posts/1187416464637204>

<https://www.facebook.com/TheLifestartFoun.../757558110956377>

<https://www.facebook.com/TheLifestartFoun.../622651561113700>

Please see here for the story published in Vietnamese by Hue University of Medicine and Pharmacy:

<http://huemed-univ.edu.vn/trao-tang-hoc-bong-lifestart-foun...>



UPDATE: 20-10-2018

GREAT NEWS FOR LIFESTART FOUNDATION EDUCATION SCHOLARSHIP STUDENT - LAM - Acceptance into Hue University of Medicine and Pharmacy.

Lam received a Lifestart Foundation education scholarship in year 6.

He comes from a large and poor family that experienced a lot of sadness in the past. Both his dad and his elder brother passed away in the same year, which left his mum and elder sister having to work really hard to support the family. Their monthly income is very modest, at approximately \$220 usd.

Lam is a very serious and dedicated student and has always held a dream close to his heart of becoming a Doctor. After working and studying tirelessly this year, Lam successfully completed Year 12. He then applied for his dream course in Hue University of Medicine and Pharmacy to study General Medicine. After waiting patiently and nervously for his results his dream came true! Lam has now moved to Hue City and is settling into Uni and life in a new city.

We are very proud of Lam's achievements this far and wish him well on the next part of his education journey.

Thanks to amazing donors, Lam's scholarship will continue to support him through his six year Medical degree.

You can read more about Lam here:

<https://www.facebook.com/TheLifestartFoundation/photos/a.485561648156026.105984.310107192368140/1052993391412846/?type=3&theater>

<https://www.facebook.com/TheLifestartFoundation/photos/a.485561648156026.105984.310107192368140/885696894809164/?type=3&theater>



UPDATE: 27-10-2018

GREAT NEWS FOR LIFESTART FOUNDATION EDUCATION SCHOLARSHIP STUDENT - NHU - Acceptance into Pham Ngoc Thach University of Medicine. Ho Chi Minh City.

Nhu received a Lifestart Foundation Education Scholarship in year 11.

She is an only child. Unfortunately Nhu's father passed away many years ago and since then everything has rested upon Nhu's mothers shoulders. Nhu's mum is a tailor, who works from home. The family's income is only 3,000,000 vnd or \$150 USD per month.. Nhu's family doesn't own a house or land, so they are living in a room at her uncle's house.

Nhu is a very diligent and impressive student. After working and studying tirelessly this year, Nhu successfully completed Year 12. She then applied for her dream course in Pham Ngoc Thach University of Medicine to study General Medicine. After waiting patiently and nervously for her results, her dream came true! Nhu has now moved to Ho Chi Minh City and is settling into Uni and life in a big city.

We are very proud of Nhu's achievements this far and wish her well on the next part of her education journey.

You can read more about Nhu here:

<https://www.facebook.com/TheLifestartFoundation/photos/a.485561648156026.105984.310107192368140/1373804872665028>



UPDATE: 03-11-2018

GREAT NEWS FOR LIFESTART FOUNDATION EDUCATION SCHOLARSHIP STUDENT - THAO - Acceptance into Danang University of Medical Technology and Pharmacy. Our first Physiotherapy student.

Thao received a Lifestart Foundation education scholarship in year 7.

Thao comes from a family of 7, including her grandfather, dad, mum, 1 older sister, 1 younger sister, 1 younger brother and herself.

Her father is a builder's assistant in Da Nang and her mum has a small food stall at their home. Her older sister is also studying at Da Nang University of Medical Technology and Pharmacy.

During her high school years, she always achieved awards for excellence in Biology.

Since she was very little, Thao has always held a dream of working in Medical field.

After working diligently through her high school years and successfully completing Year 12 this year, Thao applied for her dream course to study Physiotherapy at Danang University of Medical Technology and Pharmacy and was accepted. She has now moved to Danang City and is settling into Uni and life in the big city.

We are very proud of Thao's achievements and wish her well on the next part of her education journey.

Thanks to amazing donors, Thao's scholarship will continue throughout her Physiotherapy degree.



UPDATE: 04-11-2018

Medical Scholarship Project - Central Vietnam Doctors of the future. Introducing Khiem.

In September 2018 Lifestart Foundation awarded a new round of major Medical Scholarships at Hue University of Medicine and Pharmacy.

These scholarships are the most valuable on offer at the University.

The scholarships were awarded to super impressive second year students who have demonstrated academic excellence and are from extremely disadvantaged backgrounds. By way of their chosen vocation they also meet our criteria of completing a degree in an area that will not only benefit themselves and their families in the future but more importantly the wider community.

Khiem was a "stand out" candidate in this round of interviews. As with all of our scholarship students, he comes from a very difficult family situation.

The family's income is only 4,000,000 vnd or \$200 usd per month and they have to manage their daily living expenses as well as the childrens education costs with this. As a result, his family is in a very difficult economic situation.

Despite his disadvantaged situation and many challenges in his life, Khiem has made every effort with his study. He is now a 2nd year General Medicine student at Hue University of Medicine and Pharmacy. His results at the end of first year were excellent and he received a study average 3.57 out of a possible 4.

Each day Khiem spends 10 hours on self-study. Each week he attends 8 hours of practicals and 12 hours of tutorials. He joins in extra curricular and volunteer activities at university as well as donating blood. In the summertime, he goes home to work with his parents in the fields to help them. He said that he admires his parents, as his parents always try their best to support their three children to go to school just like their friends even though their life is very difficult. His parents always worry and remind them to try to study well and to have a good character.

We warmly welcome Khiem into the Lifestart Foundation family. More to come in future posts as we watch his progress with great interest.



UPDATE: 11-11-2018

Medical Scholarship Project - Central Vietnam Doctors of the future. Introducing Van.

In September 2018 Lifestart Foundation awarded a new round of major Medical Scholarships at Hue University of Medicine and Pharmacy.

These scholarships are the most valuable on offer at the University.

The scholarships were awarded to super impressive second year students who have demonstrated academic excellence and are from extremely disadvantaged backgrounds. By way of their chosen vocation they also meet our criteria of completing

a degree in an area that will not only benefit themselves and their families in the future but more importantly the wider community.

Van was another compelling candidate in this round of interviews. As with all of our scholarship students, she comes from a very difficult family situation. There are 6 members in her family, including her parents, her elder sister, her 2 younger brothers, and Van. The family's income is only 5,500,000 vnd or \$250 usd per month. With this modest income, Van's parents need to borrow large sums of money to manage their children's school fees and basic daily living costs. As a result, her family is in a difficult economic situation.

Each week Van spends eight hours attending lectures, 8 hours doing practicals and 5 – 7 hours every day self-studying at home. In the second semester of her first year at university, Van had a 3.57 study average out of a possible 4.0.

We warmly welcome Van into the Lifestart Foundation family. More to come in future posts as we watch her progress with great interest.



UPDATE: 15-11-2018

Lowther Hall Anglican Grammar School in Melbourne, Australia are long time amazing supporters of Lifestart Foundation. They recently held their 2nd Fun Run for the LSF Education Scholarship Project. Thank you so much to all students, teachers and parents who were involved in making this event a fantastic success.



UPDATE: 17-11-2018

GREAT NEWS FOR LIFESTART FOUNDATION EDUCATION SCHOLARSHIP STUDENT - THU - Acceptance into Danang University of Foreign Languages.

Thu received a Lifestart Foundation education scholarship in year 7.

Since she was little Thu has lived with her grandparents who are over 70 years old and her disabled auntie. Thu's mother is working in Ho Chi Minh City and only comes home to visit her once a year.

Thu has always been a dedicated student. After successfully completing Year 12 this year, she applied for her dream course in Danang City to study Japanese.

Thu has now moved to Danang City and is settling into Uni and life in the big city.

We are very proud of Thu's achievements this far and wish her well on the next part of her education journey.

Thanks to amazing donors, Thu's scholarship will continue to support her through her Japanese Language degree.

Thu is pictured here receiving a donated second hand laptop. This laptop is a most important donation for Thu, who like all University students, she needs to have ready access to good equipment. A laptop is a vital and necessary tool for University studies no matter what country you are studying in.

You can read more about Thu here:

<https://www.facebook.com/TheLifestartFoundation/photos/a.485561648156026.105984.310107192368140/654731421239047/?type=3&theater>

<https://www.facebook.com/TheLifestartFoundation/photos/a.485561648156026.105984.310107192368140/883700085008845/?type=3&theater>

© Lifestart Foundation Inc 2015

182 Buckley Street, Essendon, Victoria, 3040, Australia

Tel +61 3 9331 2540

Page 5 of 52



UPDATE: 18-11-2018

Medical_Scholarship_Project - Central Vietnam #Doctors of the future. Introducing Hoai.

In September 2018 Lifestart Foundation awarded a new round of major Medical Scholarships at Hue University of Medicine and Pharmacy.

These scholarships are the most valuable on offer at the University.

The scholarships were awarded to super impressive second year students who have demonstrated academic excellence and are from extremely disadvantaged backgrounds. By way of their chosen vocation they also meet our criteria of completing a degree in an area that will not only benefit themselves and their families in the future but more importantly the wider community.

Hoai was another compelling candidate in this round of interviews. As with all of our scholarship students, she comes from a very difficult family situation.

Hoai comes from a small village in the Central Highlands, which is about 10 hours by bus from Hue. Hoai has held a dream of studying Medicine since she was about 10 years of age. She grew up in a remote area where people don't receive sufficient healthcare, so her dream is to provide the best healthcare conditions for them in the future.

Her family includes 5 members: her grandma, her parents, her elder brother, and Hoai. Hoai's grandma is old and frail so she can no longer work. Her father is a builder's assistant, however he now has problems with his hands and can no longer work too hard. Hoai's mother is a rice farmer and she also works as a laborer in the off season to supplement the family's income. Hoai's brother is a third-year-student at University of Architecture in Ho Chi Minh City. The family's income is about 10,000,000 VND or \$450 USD per month for five people. During the rainy season, the family's income is impacted severely, so Hoai's parents cannot do any work during this time and the family's living expenses depend on their savings from their income in the dry months. Sometimes, they have to borrow money to manage their children's education fees. As a result, her family is in difficult economic situation.

Hoai is a brilliant student and she had a 3.64 study average out of a possible 4 in her first year at university. She spends 7 – 10 hours per day on self-study and 8 hours on practicals and tutorials per week.

Besides studying, Hoai actively joins in extracurricular activities at university and voluntary camps to help people in need. Her extra-curricular activities include: donating blood, giving free soup to patients at the hospital of Hue University of Medicine and Pharmacy, volunteering in the breast cancer screening program organized by the university and organizing a playground for children with cancer at the hospital of Hue University of Medicine and Pharmacy.

We warmly welcome Hoai into the Lifestart Foundation family. More to come in future posts as we watch her progress with great interest.



UPDATE: 15-12-2018

AWARDING NEW LIFESTART FOUNDATION EDUCATION SCHOLARSHIPS

We are very happy to announce that Nhung, Hien and Thuong are our three most recent Lifestart Foundation Education Scholarship recipients! Selected from many other candidates, they proved to be most outstanding and worthy of these valuable scholarships.

They were invited to attend their final round interview, not knowing that they were actually the successful candidates. We wanted to give them a surprise! Click on the photos and you can just see how nervous they were when listening to Karen talking and how they burst with joy when learning that they were selected to be the latest Lifestart Foundation Education Scholarship recipient!

We are going to introduce them all to you with their stories in the coming weeks. Stay tuned.



UPDATE: 22-12-2018

NGUYEN HUU MINH HIEN - A NEW LIFESTART FOUNDATION SCHOLARSHIP STUDENT

Hien comes from a very difficult family situation. This is the same for all of our LSF education scholarship students, who all come from challenging backgrounds but somehow still manage to be extremely studious and excellent students. Hien is in Year 8.

His father passed away over a year ago due to an accident, leaving Hien's mum with four young children to raise alone. Since his father's death all of the family responsibilities have rested upon Hien's mum's shoulders. To earn money for her family, she has to work very hard as a factory worker making leather shoes. The total income she earns per month is 3,000,000 million VND, approx. \$150 USD per month. Hien's eldest sister is in year 11, one of his younger sisters is in year 5 and another one is 5 years old.

Despite his family situation, Hien has always been an excellent student. He has a study average 9.4 out of a possible 10 which ranked him first in his class. At this stage, Hien would like to be a doctor.

Hien completes three hours of homework every day and also does housework each day to help his mum, this includes sweeping the floor and yard, washing the dishes and cooking.

If you like and support what Lifestart Foundation is doing across so many projects please consider a donation, joining our Monthly Members Club or running a fundraising event for us. www.lifestartfoundation.org.au



UPDATE: 30-12-2018

PHAM NGUYEN THI HONG NHUNG - A NEW LIFESTART FOUNDATION EDUCATION SCHOLARSHIP STUDENT

There are four members in Nhung's family, including her grandparents, her mother and Nhung. Nhung's mother is a single mum and she works as a tailor during the day and makes pork rolls at night to earn some extra income. She suffers from arthritis which causes her problems when she walks. The family's income is 4,345,000 VND or \$255 AUD per month for four people.

Nhung is a brilliant Year 8 student and she has a 9.6 average out of a possible 10. She was recommended to LSF by the secondary school that she is currently a student at, in hope that we would find her worthy of consideration for a scholarship. Everyday she completes 5 hours of homework and 1 hour of housework which includes, washing the dishes and sweeping the floor.



UPDATE: 05-01-2019

NGUYEN THI THANH THUONG - A NEW LIFESTART FOUNDATION EDUCATION SCHOLARSHIP STUDENT

Thuong comes from a large family of 6 members: her parents, her elder sister, 2 younger sisters and Thuong. Her parents are rice farmers but this is seasonal work. Therefore, Thuong's dad also works as a builder's assistant close to Thuong's house and sometimes in Danang to earn extra money. Thuong's mum is a tailor in a garment factory. The family's income is 5,400,000 VND or \$235 per month for 6 people. Thuong's family is in a difficult economic situation with a low income and high living expenses for a large family.

Thuong is an excellent Year 7 student and she had a 9.0 average out of a possible 10 in year 6. She dreams of becoming a Lawyer in the future. Each day, she spends 5 hours on self-study. Besides studying, Thuong often supports her elder sister to do household chores when her parents work in the fields.



UPDATE: 13-05-2019

Lifestart Foundation Education Scholarship Sponsors Andrew & Ish, recently visited Hoi An and met with their students. Read below to hear about what Lifestart Foundation and sponsoring the scholarship students mean to them.

"A few weeks ago on April 24 Andrew & I traveled to Hoi An. It's become a regular place for us to vacation. Not only do we love the location, the food, bicycle rides through the rice fields and the sights, smells & flavors. But mostly we love the people. In particular we have come to enjoy our regular catch-up visits with our 3 sponsored students Dat, Sang & Thu. We became sponsor to Dat in 2013. Through the Lifestart Foundation Education Scholarship program. It's been so wonderful to be able to meet up with our now 3 sponsored students. Over the years we've had opportunity to meet with the students through the staff at Lifestart Foundation. We've watched Dat, Sang & Thu, all grow both taller, & more confident in who they are becoming as young people, who now have a hope for a good prosperous future through education. We know it's a privilege to be educated and often taken for granted in our world. But very much appreciated in developing countries among the poor & disadvantaged. Dat is about to sit his entrance exam to see if he will be accepted into University. We've watched him go from a timid shy humble little boy, to a mature confident & respectful young adult. At 18 years, we now have the privilege of sponsoring him through his University years and we look forward to seeing him flourish in his chosen profession, Thus being able to break the cycle of poverty in his family and impact the lives of many others, through his heart of giving back & helping change his world.



UPDATE: 07-07-2019

BOOKS - BOOKS – BOOKS

Every year our staff purchase all of the supplies and books that our Lifestart Foundation Education Scholarship students need for the next school year. It is an exciting time for our students as they value the educational opportunities they are given and they all LOVE books and study.

All of our students are academically gifted but from very poor families, so the purchase of new school supplies would not be possible for most families. Pictured are a few of our students receiving some of their books last week.

Like to read more about what some of our University scholarship students are doing? click here:

<https://www.lifestartfoundation.org.au/.../University-student...>



UPDATE: 17-07-2019

CONGRATULATIONS Linh, one of Lifestart Foundation Education scholarship students. Linh has just been accepted into Le Thanh Tong High School for gifted students.

Linh received a GPA in year 9 of 9.3 out of a possible 10 ranking her 1st in her class. She will focus on Chemistry at her new school with the hope of reaching her dream career in Medicine.

You can read more about Linh here:

<https://www.facebook.com/.../a.48556164815.../1091818624196989/...>

Like to read more about what some of our University scholarship students are doing? click here: <https://www.lifestartfoundation.org.au/.../University-student...>



UPDATE: 20-07-2019

CONGRATULATIONS DUY from the LIFESTART FOUNDATION TEAM. We are so very proud of your accomplishment and the young man you have grown into!

Duy is a Lifestart Foundation Education Scholarship student who has just graduated from Danang University of Foreign Languages. He has held his LSF scholarship for the past six years. Duy has completed a 4 year Bachelor degree Majoring in Japanese. In addition to his mother tongue Vietnamese and now Japanese, Duy also speaks English.

He is the first in his family to graduate from University. While studying for his degree he held an internship with a Japanese IT company in Danang and he has now been offered a full time position with that company.

You can read more about Duy here:

<https://www.facebook.com/.../a.48556164815.../1126516264060558/...>

Like to read more about what some of our University scholarship students are doing? click here:

<https://www.lifestartfoundation.org.au/.../University-student...>



UPDATE: 24-07-2019

CONGRATULATIONS THU. GOLD - GOLD - GOLD

Thu is a Lifestart Foundation Education Scholarship student who recently competed in the Geography Olympiad competition in Ho Chi Minh City and won the gold medal.

At the beginning of Year 10 Thu was accepted into the prestigious High School - Le Thanh Tong for gifted students. At the end of Year 10 she received a 9.1 average out of a possible 10 ranking her 2nd in her class.

We are so proud of you Thu, what an achievement for a young girl from a very disadvantaged background.

Like to read more about what some of our University scholarship students are doing? click here: <https://www.lifestartfoundation.org.au/.../University-student...>



UPDATE: 27-07-2019

NHUNG GRADUATES FROM HUE UNIVERSITY OF MEDICINE AND PHARMACY - and how proud are we?

Majoring in Preventive Medicine, Lifestart Foundation Education Scholarship Student Nhung has diligently taken the past six years to complete her degree at Hue University of Medicine & Pharmacy.

Nhung is the first in her family to graduate from University. She now hopes to work in a hospital in Quang Nam Province, while still holding a dream of further study to complete her Masters degree abroad. Congratulations Nhung from Karen and the Lifestart Foundation Team.



UPDATE: 01-08-2019

CONGRATULATIONS Ngoc, one of Lifestart Foundation Education Scholarship students who has just been accepted into Le Thanh Tong High School for gifted students.

Ngoc received a GPA in year 9 of 9.6 out of a possible 10 ranking her 1st in her class. She will enter the specialty Literature class at Le Thanh Tong High school. In addition, she will be a representative for all students of Quang Nam province during a special trip to Ha Noi. This trip aims to reward excellent students who are from poor families.

You can read more about Ngoc here:

<https://www.facebook.com/.../a.48556164815.../1413250352053813/...>



UPDATE: 03-08-2019

CONGRATULATIONS DUNG from the LIFESTART FOUNDATION TEAM.

Dung is a Lifestart Foundation Education Scholarship student who has just completed Year 12 at Le Thanh Tong High School for gifted students. We are so proud of Dung's Year 12 results which have seen him being offered direct entry into Ton Duc Thang University in Ho Chi Minh City. Dung is the first in his family to attend University.

His dream is to study Information Technology. With his high total of Year 12 study scores, Dung was selected to go straight to Ton Duc Thang University without taking the University entrance exam. He will major in Software Technology.

He also passed 2 rounds selection at FPT University in Danang and was offered a scholarship of 50% reduction on his tuition fee. Dung will be the first in his family to attend University.

Please click here to read more about Dung - <https://www.facebook.com/.../a.485561648156.../875325852512935/...>



UPDATE: 13-08-2019

CONGRATULATIONS THAO from all of the Lifestart Foundation Team

Lifestart Foundation Education Scholarship student Thao has just completed Year 12 with such excellent results she has been selected to go straight to Ho Chi Minh City University of Economics without needing to take the University entrance exam. Her major will be Finance & Banking.

Throughout her scholarship Thao attended Le Thanh Tong High School for gifted students and specialized in English. For three consecutive years she achieved the title of excellent student. In her final year she received a GPA of 9 out of a possible 10.

There are 4 people in Thao's family. Her father had an accident many years ago and is not able to work anymore and her mum sells fish at the local market. They survive on a very modest income.

Like to read more about what some of our University scholarship students are doing? click here: <https://www.lifestartfoundation.org.au/.../University-student...>



UPDATE: 17-08-2019

NAY OUR PHYSICS SUPERSTAR - GOES TO KOREA

We could not be more proud of Lifestart Foundation Education Scholarship student Nay.

Nay is now a 2nd-year student at Hanoi University of Sciences - Majoring in Material Sciences. His GPA in 1st semester of 2nd year was: 3.57 out of a possible 4

Recently, he was selected as one of three excellent students in his faculty to join the 2019 KAIX Summer Internship Program (KAIST, South Korea). During this trip, he will have a chance to work in the Physics Laboratory. He will do this in English so quite a feat.



We have written about Nay in the past and you can read his back stories via these links:

<https://www.facebook.com/.../a.48556164815.../1794544630591048/...>

<https://www.facebook.com/.../a.48556164815.../1732091370169708/...>

<https://www.facebook.com/.../a.48556164815.../1140738972638287/...>

<https://www.facebook.com/.../a.485561648156.../875346999177487/...>

Like to read more about what some of our University scholarship students are doing? click here:
<https://www.lifestartfoundation.org.au/.../University-student...>



UPDATE: 21-08-2019

KHIEM - A FUTURE DOCTOR

Lifestart Foundation Education Scholarship student Khiem has recently completed his 2nd Year at Hue University of Medicine and Pharmacy. His GPA in 1st semester of 2nd year was : 3.53 out of a possible 4. At this point Khiem is majoring in General Medicine and will decide in the future what he will specialize in.

During his free time Khiem volunteers at the Children's cancer ward at the Hue hospital and has been collecting toys for the children who are often long stay patients.

We recently provided Khiem with a new much needed Laptop. His first. It's hard to imagine that he has got to the level he has without such a necessary tool. This new laptop will be of great support to his ongoing studies. Khiem is the first in his family to attend University.

Read more about Khiem here - <https://www.facebook.com/.../a.48556164815.../1969420233103486/...>



UPDATE: 24-08-2019

BUU WINS SILVER

Lifestart Foundation Education Scholarship student Buu, recently won a silver medal in Ho Chi Minh City. He represented Quang Nam Province in Geography. This was the trip of a lifetime and an amazing achievement to be invited to attend and compete in the Olympiad.

Buu is a student at Le Thanh Tong High School for gifted students. He is a dedicated student from extreme disadvantage which makes this most recent accomplishment all the sweeter.

Read more about Buu here -

<https://www.facebook.com/.../a.48556164815.../1614049798640533/...>



UPDATE: 04-09-2019

CONGRATULATIONS VY from all the Lifestart Foundation Team.
We are very proud of you!

After receiving the title of an excellent student at High School for the past three years, Vy has successfully completed Year 12 and has been accepted into Danang University of Foreign Language to Major in Japanese studies.

Vy has held her Lifestart Foundation scholarship for the past 7 years and thanks to her amazing sponsors she has an ongoing scholarship for her University studies. Vy comes from a family of five and her parents are rice farmers who have to manage living day to day on a very modest income. Read a little more about Vy here: <https://www.facebook.com/.../a.485561648156.../913006602078193/...>



UPDATE: 07-09-2019

CONGRATULATIONS DIEU FROM ALL OF THE LIFESTART FOUNDATION TEAM
Dieu has recently completed Year 12 and has been accepted into 1st Year at Danang University of Technology. She will study Electronics & Telecommunications.

While holding her Lifestart Foundation Education Scholarship, Dieu achieved the title of an excellent student over 3 consecutive years at High School. As a consequence of her high Year 12 results, she was selected to go straight to University without having to sit the entrance exam.

Dieu's parents are rice farmers who work very hard every day to support their family and to make ends meet. Dieu's twin sister has also been the recipient of a LSF Education Scholarship and she too has been accepted into University. We are so very proud of your accomplishments! The hard work really does pay off.

You can read more about Dieu here: <https://www.facebook.com/.../a.48556164815.../1049195941792591/...>



UPDATE: 21-09-2019

Have you ever thought about supporting disadvantaged students reach their potential? Now is your chance. Nhi pictured in this post desperately needs support to continue her education.

Every disadvantaged female from a poor family who is afforded an education will break the poverty cycle and will have the risk of being trafficked removed.

At Lifestart Foundation we focus on students who are academically gifted but are from extremely poor families. They all hold a dream to attend University and if successful they are the first in their family to have this opportunity.

We select students who by way of their chosen vocation will help and support the wider community in the future or they demonstrate a very strong social conscience.

Nhi, is one such student who is in need of sponsorship. She is in Year 9 and her dream is to become a doctor.

Nhi currently spends 3 to 4 hours completing self study in addition to attending school and the all important extra classes. She also spends an hour per day helping with household chores.

Nhi lives with her mum, younger sister and her elderly grandparents. Her family of five live on her mums income from selling noodles which is 3 million vnd per month (approx. \$150 usd) This is barely enough for daily expenses without educating the two girls. Sadly Nhi's father passed away eight years ago as a result of a motorbike accident.

Nhi's Year 9 costs are approx. \$600 usd. We are hoping to find a sponsor for Nhi or two or three people who could share the annual cost. If you are able to help Nhi or you would like more information please dm us.

Donations from Australian residents are tax deductible.



UPDATE: 11-10-2019

CONGRATULATIONS Thao from all of the Lifestart Foundation Team, we are very proud of your achievement.

Thao recently completed Year 12 and was accepted into the Danang University of Economics.

In her final three consecutive years of High School, she achieved the title of an excellent student.

Every disadvantaged female from a poor family who is afforded an education will break the poverty cycle and will have the risk of being trafficked removed.

There are 6 people in Thao's family. Her grandparents are elderly and are not able to work and her parents are rice farmers. They are on the government poor list.

Thao has held a Lifestart Foundation education scholarship since she was in Grade 6.



UPDATE: 12-10-2019

CONGRATULATIONS Dung from all of the Lifestart Foundation Team. We are very proud of your achievement. It's that time of year, where our Year 12 scholarship students have successfully graduated and have now commenced 1st-year University studies. We hope you enjoy hearing about their chosen career paths.

Dung recently completed Year 12 and was accepted into the Danang University of Foreign Languages majoring in English. She is the first in her family to attend University. In her final three consecutive years of High School, she achieved the title of an excellent student. Every disadvantaged female from a poor family who is afforded an education will break the poverty cycle and will have the risk of being trafficked removed.

There are 6 people in Dung's family. Her grandfather is elderly and is not able to work and her parents are farmers. She has 2 younger sisters, one of her younger sisters is in year 11 and one is in year 3.

You can read more about Dung in a previous post here:

https://www.facebook.com/TheLifestartFou.../publishing_tools/...

Lifestart Foundation's investment in the disadvantaged youth of Central Vietnam to date is in excess of 16 Billion vnd (approx \$1,000,000.00 aud). We are committed to breaking the poverty cycle of Central Vietnam's brightest scholars via education.

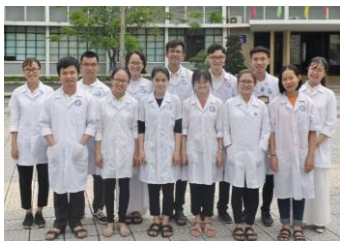
Lifestart Foundation Education Scholarship Project - provides fully comprehensive scholarships through Secondary and High school and onto to University. Scholarships cover all tuition fees, books, uniforms and the all-important extra classes. Our Year 12 Central Vietnam students need to leave home to attend University for between 4 - 6 years depending on their chosen degree, so funding for accommodation and food needs to be provided too.

Scholarships are awarded to academically gifted students from very poor families.



UPDATE: 15-10-2019

I have just returned from yet another humbling trip to Hue, where we awarded 28 new medical scholarships to an amazing and inspiring group of students at The Hue University of Medicine and Pharmacy. This round of scholarships totaled \$125,000.00 usd. (approx. \$185,000 aud)



The scholarships included 13 General Medicine Scholarships and 15 Master of Nursing Scholarships. There are plenty of inspirational stories about our latest recipients to follow but suffice to say that it is our scholarship students both past and present who continue to motivate and inspire me beyond words.

Just to paint the picture of some of the hardship they face:

- most do not have enough money to eat enough and survive on as little as 20,000 vnd (approx \$1) per day for food. In addition to all tuition costs and books, their full Lifestart Foundation scholarship provides them with a food allowance which enables them to have a balanced nutritious daily diet.

- most are studying medicine without the use of a Laptop and complete their studies on a phone! We provided these students with new Dell Laptops which will see them through to the end of their degree.

- The Master of Nursing students travel 36 hours one way by bus to attend their International studies. Many have from 200 - 900 nurses under them - so the ripple effect will be enormous.



UPDATE: 19-10-2019

CONGRATULATIONS Dat from all of the Lifestart Foundation team, we are very proud of your achievements.

Dat has recently completed year 12 and has been accepted into Danang University of Technology to study Information Technology. As with all of our scholarship students, despite enormous odds stacked against them they continue to inspire us with their accomplishments.

During his last three consecutive years at High School, Dat achieved the title of an excellent student.

With his excellent year 12 results, he was selected to go straight to University without needing to sit the University entrance examination.

There are 3 people in his family, his elderly grandmother who is too old to work and his father who is a farmer and his health is not good.

You can read more about Dat in a previous post here:

<https://www.facebook.com/.../a.485561648156.../936242516421268/...>



UPDATE: 27-10-2019

CONGRATULATIONS Trinh from all of the Lifestart Foundation team, we are so very proud of your achievements. We should never underestimate the importance of providing educational opportunities for young females in developing countries. Every girl who is provided with an education is one less vulnerable woman of the future. Trinh has recently completed year 12 and has been accepted into Danang University of Foreign Languages to study Japanese. As with all of our scholarship students, despite enormous odds stacked against them they continue to inspire us with their accomplishments and determination.

During his last three consecutive years at High School, Trinh achieved the title of an excellent student.

Over the years I have heard hundreds of extremely sad and compelling family stories and just when I think I have heard it all, I met Trinh. Despite all of the challenges she has faced in her young life already, Trinh is a gifted scholar and one we at Lifestart Foundation are so happy to be able to support.

Trinh became an orphan after her mum passed away 6 years ago due to breast cancer. After her mother's death, Trinh went to live with her grandmother, her uncle and his wife. Her grandma is 84 years old now and she stays at home and plants some veggies. Trinh's uncle is blind but despite this, he mills rice to earn a living. Her auntie who has mental health problems is a rice farmer and she also raises pigs and sells duck eggs sometimes. They have three children of their own.

When Trinh entered high school, she moved to stay with another aunt who is a scrap merchant. The reason for the move was so that Trinh could travel at night to her extra classes more safely. This aunt has a son who has cerebral palsy and a daughter who is in year 8. Trinh normally visits her uncle's family and grandmother on the weekend.

Trinh has always been an excellent and diligent student and is now living and studying in Danang thanks to her full Lifestart Foundation scholarship.



UPDATE: 02-11-2019

CONGRATULATIONS Nguyet from all of the Lifestart Foundation team, we are so very proud of your achievements.

Another doctor of the future. We should never underestimate the importance of providing educational opportunities for young females in developing countries.

Every girl who is provided with an education is one less vulnerable woman of the future.

Nguyet has recently completed year 12 and has just commenced 1st year General Medicine studies at Danang University of Medicine, achieving her long held and cherished dream to become a doctor in order to be able to take good care of her mother and help other disadvantaged people in the future.

As with all of our scholarship students, despite enormous odds stacked against them they continue to inspire us with their accomplishments and determination.

During his last three consecutive years at Le Thanh Tong High School for gifted students, Nguyet achieved the title of an excellent student.

Nguyet is an only child, her dad passed away 14 years ago due to a motorbike accident, sadly an all too frequent occurrence. Since then Nguyet's mum has been the only breadwinner for the family. Unfortunately, Nguyet's mum is suffering from heart problems, so she cannot do heavy tasks. They have a small stall in front of their house and every day Nguyet's mum keeps busy trying to sell groceries to her neighbours.

Nguyet shared that when she received the Lifestart Education Scholarship it made her feel so proud and happy. This is not only an invaluable material gift but also a huge spiritual motivation that always reminds her to keep trying hard and striving for excellence.



UPDATE: 16-11-2019

CONGRATULATIONS to LSF education scholarship student Hien from all of the Lifestart Foundation team, we are so very proud of your achievements. We should never underestimate the importance of providing educational opportunities for young females in developing countries.

Every girl who is provided with an education is one less vulnerable woman of the future.

Hien has recently been accepted into 1st Year Architecture Studies at Danang University of Technology. During her last three years at High School, she achieved the title of an excellent student.

Hien is a twin and her parents are farmers who grow rice and veggies. With their very modest income supporting two girls through University would put enormous strain on the family.

You can read more about Hien and her sister here:

<https://www.facebook.com/.../a.48556164815.../1049195941792591/...>



UPDATE: 23-11-2019

Lifestart Foundation recently awarded 15 scholarships to Master of Nursing students to help them to complete their studies.

The nursing profession in Viet Nam is not held in as high esteem as it should be and we hope that by capacity building nurses to attain their Masters will have a ripple effect of a more highly trained nursing team of professionals throughout Viet Nam. It was our pleasure and honor to support these wonderful dedicated health care professionals.

The Masters' students travel to Thailand to complete their 2 year International Level Master of Nursing degree. All of the students awarded a scholarship have a profound desire to help and work in their communities in Viet Nam and to improve the standard of the nursing profession. Below is a thank you letter from one of the students who

received a scholarship from Lifestart Foundation.

After reading it, I hope you will agree with me what a worthy recipient Lien is. She was awarded a special Memorial scholarship which we named in honor of her classmate Dinh Nguyen Minh Trang who tragically passed away during her Master of Nursing studies.

Lien's thank you letter:

Dear everyone at Lifestart Foundation,

My name is Duong Thi Hong Lien, and I am a nursing student studying the Master's course at Hue University of Medicine and Pharmacy, connected to Khon Kaen University of Thailand. I was selected to receive a scholarship from Lifestart Foundation in October 2019.

I knew that Lifestart Foundation was linked to the Hue University of Medicine and Pharmacy to support the disadvantaged general medical students. And now the nursing students are also honored to receive support and care from you. This generosity gives us the motivation to study hard as well as continuing to take care of our patients. We really appreciate your support and interest in our work.

When I was in high school I had a dream that I would be a doctor, which is a fulfilling job that brings health and happiness to everyone. But it was not easy at all and I failed the exam, so I chose to take up nursing. After my nursing graduation, I started work but I continued to pursue the dream of becoming a doctor. I took another university entrance exam but again I failed. At that time I was very sad, but then I changed my thinking. In spite of the hard work, and the tiredness, and realizing that no one fully appreciates the true value of nursing, I found I was so excited when a patient's heart beat again after an emergency, and so happy when my patients smiled again after being in pain. At those moments I found that my job was really meaningful. So I changed my attitude. I tried to study constantly so that I would have more knowledge and greater skills to take care of my patients. In particular, I want to contribute to people's overall health.

I was born and raised in Quang Binh Province, a central area to the south of Hue. After my intermediate nursing graduation from Da Nang Medical of Technology School, I came to Hue to work at the hospital of Hue University of Medicine and Pharmacy. At that time, I tried both to work and to save money for further studies, and I also achieved a Bachelor's qualification in English. After that, I had opportunities to study and take part in overseas workshops in places such as America, Korea, and Thailand. Then I could come back to help my patients and share my experiences with my colleagues.

I now have 20 years of work experience - 15 years as head of the nursing department, and 3 years as a nursing leader of the hospital. Currently, I am attending a Master's course in nursing in Thailand, which gives me the chance to accumulate more knowledge and gain experience to share with young nurses and nursing students. This means I can help to train the team who are directly taking care of the patients, and contribute to building a stronger nursing system in Viet Nam, as well as developing the role of nurses.

Regarding my job, it is a very difficult one which does not draw a high salary and is not as appreciated in society as it should be. Therefore, although most nurses feel secure in their jobs, they don't want to try and study more because they think that it will cost a lot of money and time, and their salary level won't reflect their efforts of higher education.

But I have different thoughts; I want to study to gain more knowledge, to help my patients and my staff. Although I have 2 young children, (one boy in year 7 and another one in year 5,) and my husband also works at the hospital, my income is only enough for the daily expenses of my family. I can only save 2 million VND per month for my children's future studies, and I still want to follow the nursing master's course. I had to put a lot of serious consideration into the decision to give up a lot of money in order to do this course, instead of saving for my children's future.

So what will I gain? Will I get a higher salary? No. Will I get a higher position? No. The role of a nursing leader of the hospital is the highest position in Viet Nam, but I still decided to choose this study path, and not stop there! I still dream of continuing my studies for a nursing PhD. I am dedicated to my job as well as to society.

When I had my scholarship interview in Hoi An, I thought that I would not be chosen because I had a higher position than other candidates, and my situation seemed a little better too. But the result was completely the opposite; I was one of two students in the Master's course who were awarded the highest scholarship, under the name of "Dinh Nguyen Minh Trang Memorial Scholarship for Master of Nursing Studies". It was my pleasure and I was very grateful to Ms. Karen, - the president and founder of Lifestart Foundation and to the sponsors who appreciated and respected our jobs. This is the biggest source of encouragement for me as well as for other nurses and helps us to continue to do our best in our work and in our studies. In particular, my family was also very excited about having funding for my studies. Besides that, I also feel proud that I will be an example for my children to follow.

Once again, I would like to send my sincere thanks to Ms. Karen, Ms. Nhung, Ms. Phuong and all of the sponsors of Lifestart Foundation. I wish you all good health.

Best regards,
Duong Thi Hong Lien



UPDATE: 30-11-2019

CONGRATULATIONS Hieu from all of the Lifestart Foundation team, we are very proud of your achievements.

Hieu has recently completed year 12 and has been accepted into the University Of Foreign Languages in Hue majoring in Japanese.

As with all of our scholarship students, despite enormous odds stacked against them they continue to inspire us with their accomplishments.

During his last three consecutive years at High School, Hieu achieved the title of an excellent student.

There are 4 people in Hieu's family. His father sadly has suffered from mental health issues for the past 15 years and is unable to work leaving his mum, a rice farmer the sole breadwinner for the family.

Read previous stories about Hieu here:

<https://www.facebook.com/.../a.485561648156.../886667401378780/...>

<https://www.facebook.com/.../a.485561648156.../682561571789365/...>



UPDATED 14-12-2019

CONGRATULATIONS to LSF education scholarship student Trang from all of the Lifestart Foundation team, we are so very proud of your achievements.

We should never underestimate the importance of providing educational opportunities for young females in developing countries.

Every girl who is provided with education is one less vulnerable woman of the future.

Trang has recently been accepted into 1st Year English Studies at Da Nang University Of Foreign Languages and will be the first in her family to attend University. Like so many of our scholarship students, Trang values education and realizes it is the only

way to break the poverty cycle.

In her final years of High School she achieved the title of an excellent student in 3 consecutive school years. Trang has had a LSF education scholarship for six years.

There are 3 people in Trang's family. Her grandmother is elderly and is not able to work and her mother works very hard as a laborer at a hotel. Trang's father is unwell with both heart and kidney problems and is unable to work. Her mum's income needs to support the whole family and pay back the debt from the expenses of Trang's father's treatment a few years ago.

You can read more about in previous posts about Trang here:

<https://www.facebook.com/TheLifestartFoundation/photos/a.485561648156026/904327902946063/?type=3&theater>

<https://www.facebook.com/TheLifestartFoundation/photos/a.485561648156026/689009907811198/?type=3&theater>

Kitchen & Bathroom



UPDATE: 13-11-2018

Kitchen & Bathroom Project - Building kitchens & bathrooms for extremely poor families. This is made possible by Lifestart Foundations fantastic supporters.

Having a kitchen and bathroom is a luxury that many of us take for granted. Many families that Lifestart Foundation supports do not have either. They use wood to cook daily meals in very crude conditions and also they do not have plumbing, running water or toilets.

Tham is one of our Lifestart Foundation Education Scholarship students and her family come from Dien Quang, which is approximately 25 kilometers from Hoi An. Tham's family have been selected to receive a newly built kitchen and extensive home improvements, including a new roof.

There are five people in Tham's family including her grandma, her parents, her older sister and Tham. Tham's grandma is elderly with failing eyesight and is unable to work. She stays at home to help with the household chores. Tham's parents are both rice farmers who have to work very hard every day to support the entire family. Especially, Tham's dad who lost one of his legs after a bomb blast when he was 5 years old. His disability does not allow him to perform heavy work or do extra jobs to earn more income for the family. This year Tham is in year 11 and she hopes to study foreign languages when she enters university. Tham has always been one of our most diligent scholarship students with her excellent academic performance.

Their family income is 1,700,000 dong per month – approximately \$100 AUD for five people. With that very modest income, they are listed as a poor household by the government.

Their current house was built over 20 years ago. They have an area that they use for cooking with a simple wood stove. The windows are all broken and they have difficulty shielding from the weather. The roof has so many holes that they need to wear raincoats inside during the wet weather. The modest but secure construction that will be built for them will include a kitchen and a new roof and windows.

We will keep you updated on the building progress over the coming weeks so as you can follow the story of this family and the building progress.



UPDATE: 5-12-2018

Kitchen & Bathroom Project

Final update on Tham's house renovation: With the construction now completed, we are extremely thrilled to be able to provide such a wonderful and secure home to this very poor family.

The modest but secure construction that Lifestart Foundation has built for Tham's family includes a new tiled kitchen with gas cooking facilities, a new roof, newly painted throughout and new windows and door.

If you are interested in finding more information about her family, follow our previous post here: <https://bit.ly/2UgSNwJm>

This is made possible by Lifestart Foundations fantastic supporters from Melbourne, Australia.

Donation



UPDATE: 05-09-2018

A #Laptop Donation for Lifestart Foundation University Scholarship student THANH.

Thanh received a new Laptop from a generous sponsor from Australia. This Laptop is a most important donation for Thanh, who like all University students needs to have ready access to good equipment. A Laptop is a vital and necessary tool for University studies no matter what country you are studying in.

Thanh is currently studying Occupational Therapy in Ho Chi Minh City.

We aim to equip all of your Year 12 LSF scholarship students who graduate and then pass the University entrance examination with a new Laptop. This will enable them to complete their subsequent degree without further disadvantage.

You can read more about Thanh here:

<https://www.facebook.com/TheLifestartFoundation/posts/1152449201467264>



UPDATE: 10-09-2018

#Lifestart Foundation - Introducing the beautiful and vivacious Hang - An #Agent Orange Survivor

This is Part 1 of Hang's inspirational story.

Hằng comes from a family of six, including her grandfather, dad, mum and two younger brothers. Both of her parents are farmers and her youngest brother has an intellectual disability and is unable to attend school. They live in a poor countryside area in Central Vietnam.

Hằng belongs to the 3rd generation of Vietnamese affected by Agent Orange. She was born with a severe disability which included no right leg and a disability with her hand. She had her first leg surgery at 8 years of age and has been wearing a leg prosthesis since she was 12 years old.

Hằng has always been determined to get an education and never let her disability and challenges get in the way of her success.

In High School, Hằng was quite lonely and did not have many friends. However that has all changed now.

Hằng is now a 3rd year student at Passerelles Numeriques Vietnam, studying IT. She was awarded a full 3 year scholarship from 2016 to 2019 and she will be graduating in August 2019. Since her admission in PNV, Hằng has been an outstanding student; including her academic results, her attitude, her motivation and character. She is extremely hard-working and always has a positive mindset. She is very supportive with her classmates. Her physical and mental strength despite her disability is an example for all of us.

Hằng was introduced to Lifestart Foundation in 2016 as she needed transportation to get to her studies and to be able to live more independently. LSF supplied her with a specially modified 3 wheeled electric scooter which made it easier for her to navigate her way around Da Nang safely and with new found confidence.

She lives at a dormitory and shares her room with six other girls who are very supportive. Despite the difficulty and pain she has lived with, she never asked for help to climb stairs to her room or to get to her studies. Before she received the electric scooter, her roommates used to take her on their bicycle to get her to class or to join outside activities.

She participates in as many extra-curricular activities as possible such as board games, activities at the beach and yoga.

© Lifestart Foundation Inc 2015

182 Buckley Street, Essendon, Victoria, 3040, Australia

Tel +61 3 9331 2540

Page 21 of 52

Hằng is pictured scooting around Danang.

More about Hằng to come in the following weeks. We hope that you find her story as inspirational as we do.

If you like and support what Lifestart Foundation is doing across so many project areas, please consider a donation, joining our monthly Member Club or running a fundraising event for us.

For full project details visit our website www.lifestartfoundation.org.au



UPDATE: 02-10-2018

#Lifestart Foundation Education Scholarship Project - Educating young students from disadvantaged backgrounds in Central Vietnam - A donation for Buu.

Great news for Buu!

Buu recently sat the entrance exam to attend the most prestigious school for gifted students in our province, Le Thanh Tong High School. This new school is quite a distance from his home so his sponsors from Australia donated an electric bike for him to commute to and from school and to the all important extra classes he will need to attend.

All of our LSF Education scholarship recipients are from very poor families and Buu is no exception. Buu's house is in the countryside and it is about 17 km from his school.

This wonderful donation of an electric bike will help Buu to travel to school and the long distance to his extra classes more safely. Not only will he save a lot of travel time it will also help him to attend evening classes during the upcoming rainy season in Central Vietnam.

The economic situation of his family never allowed Buu to ever dream of having an electric bike, so you can only imagine his joy when he was presented with this very valuable gift.

You can read more about Buu here:

<https://www.facebook.com/TheLifestartFoundation/photos/a.485561648156026/1614049798640533/?type=3&theater>



UPDATE: 03-10-2018

Recycled textbooks for poor students. Every year all Lifestart Foundation education scholarship students come to the LSF office to receive their new textbooks and other supplies for the new school year. They are encouraged to return their old textbooks from the previous school year and their old books are then given to poor students from schools in Quang Nam Province. Through this annual activity, Lifestart Foundation hopes to develop the spirit of sharing and recycling.

Pictured is Giang, one of LSF Education Scholarship Administration team, with a representative from Nguyen Hien High School. Nguyen Hien High School is in Duy Xuyen and is another school who has received these recycled books to distribute to disadvantaged children at their school. This school also has students who directly receive support from Lifestart Foundation Education scholarships.

If you like and support what Lifestart Foundation is doing across so many projects please consider a donation, joining our Monthly Members Club or running a fundraising event for us.

For more information on Lifestart Foundation visit: www.lifestartfoundation.org.au



UPDATE: 09-10-2018

Advanced book donation day at Lifestart Foundation.

Nineteen of Lifestart Foundation Education Scholarship students are pictured receiving some additional advanced books for the new school year. The books were generously donated by our donor, Stivi Cooke. They are enormously beneficial to our scholarship students who are all from very poor families.

All of the Lifestart Foundation students are extremely grateful for this donation as it will definitely help them with their studies. Our scholarship students work so hard and complete an enormous amount of daily study in hope of breaking the poverty cycle and to also realize their dream of completing Year 12 and to ultimately attend University.



UPDATE: 17-10-2018

Advanced book donation day at Lifestart Foundation.

Twelve of Lifestart Foundation Education Scholarship students are pictured receiving additional advanced books for the new school year. The books were generously donated by our long term sponsor and volunteer, Jill. They are enormously beneficial to our scholarship students who are all from very poor families.

All of the Lifestart Foundation students are extremely grateful for this donation as it will definitely help them with their studies. Our scholarship students work so hard and complete an enormous amount of daily study in hope of breaking the poverty cycle and to also realize their dream of completing Year 12 and to ultimately attend University.



UPDATE: 21-10-2018

Lifestart Foundation - Introducing the beautiful and vivacious Hang - An #Agent Orange Survivor

This is Part 2 of Hang's inspirational story. Last month we published Part 1 of Hang's story - please read it here:

<https://www.facebook.com/TheLifestartFoundation/posts/1898973780148132>

Part 2 is about the process of having a new prosthetic leg made and fitted and how this can help a young person to live life to the fullest.

When Hang was initially introduced to Lifestart Foundation a few years ago, it was to see if we could help her with her mobility to get to and from her classes. She had just been granted a full scholarship to study IT at Passerelles Numeriques in Danang and was living away from home for the first time. We were delighted to be able to give her a custom made three wheel electric scooter to enable her to be more independent.

Hang is the third generation in her family to be affected by Agent Orange. It has resulted in her having to live with two main physical disabilities. The first is with her hands not developing properly and the second is that she only has one leg.

She had her first leg surgery at age eight and had her first prosthetic leg fitted at twelve. It was made of wood.

Recently we heard that Hang was having problems with her 2nd prosthetic leg and that it had been giving her a lot of pain and discomfort for more than a year and it was also causing bleeding where the prosthetic was fitted.

One of our amazing and generous sponsors agreed to help pay for a much needed new leg for Hang and over the past months she has had her new prosthetic made and fitted.

Her new leg was made in Taiwan and she will be able to use it for approximately 8 years. It is more "high tech" than what she has previously had so we hope that this new leg will make life a lot easier for Hang once she gets used to it.

She has now had her leg measured, ordered, made and fitted and spent time in hospital to complete daily Physiotherapy to get used to walking with her new prosthetic.

Hang had all of this done in her summer holidays as she did not want to miss out on any of her classes. She has now returned back to study and recently met up with us for lunch in Danang. She shared with us that she hopes to move to Ho Chi Minh City at the end of her studies to pursue work in the IT field as a web developer.

Hang is an absolute delight and inspiration to all that meet her.

If you like and support what Lifestart Foundation is doing across so many project areas, please consider a donation, joining our monthly Member Club or running a fundraising event for us.

For full project details visit our website www.lifestartfoundation.org.au



UPDATE: 24-10-2018

Advanced Medical Text Book Donation Day At Lifestart Foundation.

Three of Lifestart Foundation Medical University Scholarship students, who are now 2nd year students at Hue University of Medicine and Pharmacy, are pictured receiving valuable advanced medical text books. The books were generously donated by their sponsor and are enormously beneficial to these three students. Their studies in Medicine require a huge amount of reading from many different learning resources. These scholarship students are all from poor families and they would not be able to afford these much needed reference books.

The three students are extremely grateful for this donation as it will definitely help them with their studies.



UPDATE: 21-11-2018

A #Laptop Donation for Lifestart Foundation Medical University Scholarship students

Three of Lifestart Foundation Medical University Scholarship students - Thinh, Hoai and Khang are pictured receiving new laptops from their generous sponsor.

These laptops are a most important donation for them. As with all University students they need to have ready access to good equipment, especially when these students are pursuing a degree in Medicine. A degree which requires them to complete a significant amount of online research to add to the knowledge gained in their practicals and tutorials. A laptop is a vital and necessary tool for University studies no matter what country you are studying in.

These three students are now in their second year majoring in General Medicine at Hue University of Medicine and Pharmacy.

You can read more about them here:

Thinh: <https://www.facebook.com/TheLifestartFoundation/posts/1792291364149708>

Hoai: <https://www.facebook.com/TheLifestartFoundation/posts/1788089411236570>

Khang: <https://www.facebook.com/TheLifestartFoundation/posts/1780450295333815>



UPDATE: 24-11-2018

Laptop and iPad Donation Day at Lifestart Foundation.

Seven of Lifestart Foundation Education Scholarship students are pictured receiving their very first laptops and iPads. The laptops and iPads were generously donated by our donors. They are not new and no longer needed by their former users. However, they are enormously beneficial to our scholarship students here in Vietnam. Unlike most students in developed countries who have iPhones, iPads and access to laptops and all of the latest technology, this is not the case with our scholarship students who are all from very poor families.

All of the Lifestart Foundation students are extremely grateful for this donation as it will definitely help them with their studies. Our scholarship students work so hard and complete an enormous amount of daily study in hope of breaking the poverty cycle and to also realize their dream of completing Year 12 and to ultimately attend University.

If you know of a company or school who may have laptops or iPads that they could donate to Lifestart Foundation scholarship students please let us know.



UPDATE: 07-12-2018

GOOD GUYS DOING GOOD THINGS

Andrew from 9 Grains Bakery & Cafe HBT and Cyril from The Help - Expat Services.

Lifestart Foundation is very grateful to have the help and support of these two local Hoi An business owners.

Andrew's company Faifo Roastery donate 20% of their sales to Lifestart Foundation projects and Cyril's company The Help has recently donated a bicycle and a Laptop for our disadvantaged students.

Both Andrew and Cyril have supported Lifestart Foundation with their time, energy and friendship over the years and for this we are extremely appreciative.

Please support local businesses who have such good hearts and give back to the community that we all live in.

Live local - Shop local - Support local

If you like and support what Lifestart Foundation is doing across so many projects please consider a donation, joining our Monthly Members Club or running a fundraising event for us.



UPDATE: 13-12-2018

EXPAT STIVI - HELPING THE LOCAL COMMUNITY

The team at Lifestart Foundation are always super grateful for support from expats who are eager to help and donate to the local community that we live in.

It is not uncommon for NGO's in the big cities to receive a lot of funding and support while organizations in Central Vietnam remain overlooked.

Advanced Book Donation Day at Lifestart Foundation (Second Round)

Recently 39 of our Lifestart Foundation Education Scholarship students received additional advanced text books for their studies. There are 34 high school students and 5 university students who benefited from this donation. The books were

generously donated by our donor, Stivi Cooke. They are enormously beneficial to our scholarship students who are all academically gifted students from very poor local families. All of the students are extremely grateful for this donation as it will definitely help them with their studies.

If you like and support what Lifestart Foundation is doing across so many projects please consider a donation, joining our Monthly Members Club or running a fundraising event for us. Visit our website www.lifestartfoundation.org.au for further information

Live local - Shop local - Support. local



UPDATE: 18-12-2018

A NEW THREE-WHEELED MOTORBIKE DONATION

You may remember one of our most recent posts about our Kitchen & Bathroom Project for Tham's family. In addition to this support, we also donated a new three-wheeled motorbike to Tham's dad - Lieu, who lost his left leg in a bomb blast when he was 5 years old. For his entire life, Lieu has never had access to independent transportation or a prosthetic limb. When Lieu learned that he was going to receive a new three-wheeled motorbike, he was literally bursting with joy. It gives our team great joy and happiness too, to be able to facilitate this type of donation. Lieu is a rice farmer, yes, even with one leg and a crutch! The three wheel motor bike will now open up new possibilities for his employment.

If you are interested in finding more information about Lieu's family, follow our previous posts here:

Kitchen & Bathroom Project for Tham's House (Original House): <https://bit.ly/2UgSNwJ>

Kitchen & Bathroom Project for Tham's House (Complete House): <https://bit.ly/2rsDsMG>

If you like and support what Lifestart Foundation is doing across so many projects please consider a donation, joining our Monthly Members Club or running a fundraising event for us.



UPDATE: 02-01-2019

LAPTOP DONATION

Hong, one of our Education Scholarship students, is pictured receiving a donated second-hand laptop from one of our supporters, Ray.

Unlike most students in developed countries who have iPhones, iPads and access to laptops and all of the latest technology, this is not the case with our scholarship students who are all from very poor families.

Hong is extremely grateful for this donation as it will definitely help her with her studies. Our scholarship students work so hard and complete an enormous amount of daily study in the hope of breaking the poverty cycle and to also realize their dream of completing Year 12 and to ultimately attend University.

If you know of a company or school who may have laptops or iPads that they could donate to Lifestart Foundation scholarship students please let us know.



UPDATE: 09-01-2019

BICYCLE DONATION

Apart from supporting disadvantaged students with all tuition fees, books, uniforms and the all important extra classes, the LSF Education Scholarships also provide the students with transportation. Nhan, one of our scholarship recipients, is pictured receiving a bicycle donated by Cyril Quynhon from The Help - Expat Services, Hoi An.

Having transportation to get to school and extra classes is a big relief for diligent students like Nhan. Not only will it save precious study time but often extra classes are held at night making travelling on foot to classes unsafe for young girls. This bicycle is a precious gift for both Nhan and her family, which will give her added inspiration for her study. If you like and support what Lifestart Foundation is doing across so many projects please consider a donation, joining our Monthly Members Club or running a fundraising event for us. For more information, please visit our website

at www.lifestartfoundation.org.au



UPDATE: 16-01-2019

After successfully sitting the entrance exam to attend the most prestigious school for gifted students in our province, Le Thanh Tong High School, Thu was accepted. This new school and her extra classes are quite a distance from her home.

Judith, an expat residing in Da Nang City, recently donated an electric bike to Lifestart Foundation hoping that it will help one of our students commute to and from school and to attend the all important extra classes they need to attend.

All of our LSF Education scholarship recipients are from very poor families and Thu is no exception.

Thu's house is in the countryside and it takes her 25 minutes to get to school and 45 minutes to her extra classes. This wonderful donation of an electric bike will help Thu to travel to school and the long distance to her extra classes more safely. Not only will she save a lot of travel time it will also help her to attend evening classes during the current rainy season in Central Vietnam.

The economic situation of her family never allowed Thu to ever dream of having an electric bike, so you can only imagine her joy when she was presented with this very valuable gift.

You can read more about Thu here:

<https://www.facebook.com/TheLifestartFoundation/posts/1894322377279939>

<https://www.facebook.com/.../a.48556164815.../1049198221792363/...>



UPDATE: 10-03-2019

ELECTRIC BIKE DONATION

Apart from supporting disadvantaged students with all tuition fees, books, uniforms and the all important extra classes, the LSF Education Scholarships also provide the students with transportation.

Ngoc, one of our scholarship recipients, is pictured receiving a bicycle very kindly donated by Béatrice, an expat residing in Hoi An. Having transportation to get to

school and extra classes is a big relief for diligent students like Ngoc. Not only will it save precious study time but often extra classes are held at night making travelling on foot to classes unsafe for young girls. This electric bike is a precious gift for both Ngoc and her mum, which will give her added inspiration for her study.

Below is Ngoc's thank you letter to her donor.

"Dear Béatrice,

My name is Dang Le Hoang Ngoc, who was lucky enough to receive an E-bike from you. Today, I am writing this letter to send my deepest thanks to you. My mum and I also thank you, Ms Karen and the Lifestart Foundation, for giving me this gift.

In my family, there are only two people, my mum and I. My mum is a rice-farmer and I am a student in year 9. My current study is going well. In 1st semester, I achieved the title of excellent student with an average study result of 9.6 out of a possible 10. I am now continuing to study hard in 2nd semester to prepare for the entrance exam into Le Thanh Tong High school for gifted students in Hoi An, which is the school I have a dream to study at. But my house is far away from Hoi An, about 45 minutes by motorbike. In order to study there, I will face many difficulties with transportation which makes me worried. I still have a bike at home, which was awarded to me for being an excellent poor student in year 4. It is still working but is so old and often breaks down which caused difficulties with getting to school and extra classes. Besides that, the road here is quite desolate with no lights, so every night my mum has to walk to the main road to pick me up when I finish my classes. I love her so much.

So we were so surprised and happy when the foundation informed me that we would receive an E-bike from a generous donor, which is you. Having this E-bike will solve my transportation problem meaning I can go to extra classes more easily and conveniently. In addition it has meant my decision to try to get into Le Thanh Tong is more realistic. There is nothing I can say other than to send my sincere thanks to you, Ms Karen and the foundation. I promise to ride carefully and look after the bike well. Also, I will try my best to achieve the best study results. Once again, sincere thanks to you, Ms Karen and the Lifestart Foundation for giving me this meaningful gift. I wish you, Ms Karen and everyone at the foundation good health and lots of luck.

Best wishes,
Dang Le Hoang Ngoc"



UPDATE: 11-03-2019

LAPTOP DONATION

Phuong, one of our Education Scholarship students, is pictured receiving a much needed donated new laptop from one of our generous sponsors, Marian. It's hard to imagine trying to prepare for University entrance examinations without the aid of a laptop these days.

Unlike most students in developed countries who have iPhones, iPads and access to laptops and all of the latest technology, this is not the case with our scholarship students who are all from very poor families.

Phuong is extremely grateful for this donation as it will definitely help her with her studies. She is currently working towards the entrance examinations to study

Traditional Medicine at University. Our scholarship students work so hard and complete an enormous amount of daily study in hope of breaking the poverty cycle and to also realize their dream of completing Year 12 and to ultimately attend University.

If you know of a company or school who may have laptops or iPads that they could donate to Lifestart Foundation scholarship students please let us know.



UPDATE: 27-03-2019

A Donation for Lifestart Foundation Secondary Education Scholarship student Dieu.

Dieu received a pre-loved iPad from one of our generous donors in Australia. This iPad is a most important donation for Dieu, who like all students these days she needs to have ready access to good equipment in order to maintain her excellent academic results.

If you would like to read more about Dieu's story please click here:
<https://bit.ly/2Fu5CNQ>



UPDATE: 14-04-2019

A MICROWAVE DONATION FOR UNIVERSITY STUDENT TRIEU

One of our generous Lifestart Foundation supporters Ray donated a microwave for us to pass on to one of our scholarship students.

We selected Trieu to be the recipient of this terrific donation. She is living in a rented room while studying 2nd Year Japanese at Danang University of Foreign Languages. Trieu is an excellent student and spends endless hours studying so having a microwave will be super useful for her to cook in advance and then heat up meals.

You can read more about Trieu here:

<https://www.facebook.com/.../a.485561648156.../950722604973259/...>

<https://www.facebook.com/.../a.48556164815.../1099754520070066/...>



UPDATE: 15-04-2019

LIFESTART FOUNDATION COMPUTER LAB DONATION

Lifestart Foundation recently donated 28 computers to Dung Si Dien Ngoc Secondary School and Tran Cao Van Secondary School, both in Dien Ban, Quang Nam Province, using a \$25,000 grant provided by the New Zealand Embassy in Hanoi. These two computer labs will enable 1,531 students from rural disadvantaged and under resourced schools to have access to the latest technology.

Read more about this donation here:

<https://tuoitrenews.vn/.../rural-it-education-in-.../47968.html...>

<https://www.tienphong.vn/.../tai-tro-may-tinh-cho-hoc-sinh-no...>





UPDATE: 19-04-2019

Thanks once again to Cyril, from The Help for the recent donation of shampoo, soap, combs and toothbrushes. These necessities will be distributed to disadvantaged Vietnamese students living in Quang Nam Province.



UPDATE: 26-04-2019

E-bike donation for Lifestart Foundation Education Scholarship Student Nguyet.

Young female students in particular are very vulnerable traveling to and from late night extra classes on unlit country roads. The provision of an E - bike reduces some of the dangers for our students and enables them to travel the long distances much quicker. Two of our terrific supporters from Australia, Suzanna and Tracie recently raised money to fund E-bikes for three of our Lifestart Foundation scholarship students. Nguyet was one of the lucky recipients selected to receive this valuable donation.

Nguyet is in Year 9 and her most recent recent study result was 8.8 out of a possible 10. Her dream career is to become a doctor and she spends six hours per day on self study, this is in addition to her school and extra classes that she attends daily. Nguyet's family has a monthly income of 4,000,000 vnd. approximately \$240 aud.

Thank you to Suzanna and Tracie and their family and friends for making this fabulous donation possible.



UPDATE: 27-04-2019

Lifestart Foundation recently donated 28 computers to two disadvantaged and under resourced schools in Quang Nam Province using a \$25,000 grant provided by the New Zealand Embassy in Hanoi. This month one of the schools were lucky enough to have a visit from the NZ ambassador Wendy Matthews during her recent visit to Central Vietnam.

Read more about this donation here:

<https://tuoitrenews.vn/.../rural-it-education-in-.../47968.html...>

<https://www.tienphong.vn/.../tai-tro-may-tinh-cho-hoc-sinh-no...>



UPDATE: 02-05-2019

DONATIONS TO POOR FAMILIES

The lovely and generous Hoi An expat Kate Wiesner from VAPA (Vietnam Academy of Performing Arts) recently donated much needed household goods to Lifestart Foundation. The table and two fans were given to four poor families that we work with. The families who received the fans did not have a fan so you can only imagine how grateful they were to receive one, especially in this hot weather. The family who received the table had an old wooden table that had been eaten by termites, so they were equally as thrilled. We are eternally grateful to the growing group of expats like Kate who choose to re purpose useful items in this way. More of Kate's generosity to come in future posts.



UPDATE: 07-05-2019

Thu is a Lifestartfoundation Scholarship Student who recently received a bicycle from one of our supporters Beatrice, an expat living in Hoi An. Thu is in year 8 and her most recent results are 8.8 out of a possible 10. Her dream is to become a doctor.

Thu is the youngest of two girls and lives at home with her mum. She studies for five hours and helps with housework for an hour and a half hour each day. Her father passed away when she was young and her sister is now at university, due to her fathers medical treatment and sisters university fees her mother has a debt of \$3,700 aud and her monthly income is approx. \$62 aud. Needless to say their financial situation is difficult and the donation of a bicycle for Thu to get to and from school and her five extra classes was very much appreciated. We are eternally grateful to the growing group of expats like Beatrice who choose to re purpose extremely useful items in this way.



UPDATE: 15-05-2019

DONATIONS TO POOR FAMILIES

The lovely and generous Hoi An expat Kate Wiesner from VAPA (Vietnam Academy of Performing Arts) recently donated much needed household goods to Lifestart Foundation. The last of the items donated was a fridge. What a fabulous donation for a poor family who have never been able to afford a fridge.

Thu is one of our Lifestart Foundation Education Scholarship students. She is in Year 10 at Le Thanh Tong High school for gifted students. Her 1st-semester result was 9.1 out of a possible 10. Thu completes six hours of self study every day and also does an hour of housework daily to help her family.

There are 5 people in her family. Her Grandma is old and is not able to work anymore. Dad works as a carpenter in Hoi An and her mum's health is not good, so she is at home to take care of the family. Her younger sister is studying in year 6. Their total income is 5 million vnd per month. (approx \$308 aud)

We are eternally grateful to the growing group of expats like Kate who choose to re purpose extremely useful items in this way.

Read more about Kates generous donation here - https://www.facebook.com/TheLifestartFou.../publishing_tools/...



UPDATE: 21-05-2019

Nhung is a Year 8 Lifestart Foundation Education Scholarship student. Nhung recently received a donated bicycle from one of our supporters Michelle, and expat living in Vietnam.

Nhung's most recent results were 9.4 out of a possible 10 but has not decided on her career path yet. She studies for five hours per day and helps her family with one hour of housework per day. She lives at home with her grandparents and her mum who is a tailor. Nhung's mum suffers from arthritis which impacts on her ability to work. Her mums monthly income of 4,345,000 VND (approx. \$270aud.) per month has to provide for the entire family.

Nhung was travelling to school and extra classes with her friend as her old bike was broken and beyond repair. Needless to say she was extremely excited about her new bicycle.

We are eternally grateful to the growing group of expats like Michelle who choose to re purpose extremely useful items in this way.



UPDATE: 28-05-2019

E-bike donation for Lifestart Foundation Education Scholarship Student Linh.

Young female students in particular are very vulnerable traveling to and from late night extra classes on unlit country roads. The provision of an E - bike reduces some of the dangers for our students and enables them to travel the long distances much quicker.

Our terrific supporters from Australia, Suzanna and Tracie, recently raised money to fund E-bikes for three of our LifestartFoundation scholarship students. Linh was one of the lucky recipients selected to receive this valuable donation.

Linh is in Year 9 and her most recent recent study result was 9.3 out of a possible 10. Her dream career is to become a doctor and she spends five hours per day on self study, this is in addition to her school and extra classes that she attends daily.

There are five people in Linh's family and their monthly income is 3,500,000 vnd. approximately \$210 aud.

Thank you to Suzanna and Tracie and their family and friends for making this fabulous donation possible.

If you like and support what Lifestart Foundation is doing across so many projects please consider a donation, joining our Monthly Members Club or running a fundraising event for us www.lifestartfoundation.org.au



UPDATE: 01-06-2019

Happy International Children's Day from the Lifestart Foundation Team! Let us all take a moment to think about how we can help children to reach their full potential. Be it through access to education, clean water, food or safe housing and then take that thought and turn it into an action. Even the smallest action can sometimes positively impact on a child's life.

We would also like to take this opportunity to send a special thank you to all of our wonderful sponsors who support our Educational Scholarship Project. You are directly contributing to a positive generational change of disadvantaged children in Central Vietnam. www.lifestartfoundation.org.au



UPDATE: 04-06-2019

A bicycle donation for Lifestart Foundation Education Scholarship Student Thuong.

Young female students in particular are very vulnerable traveling to and from late night extra classes on unlit country roads. The provision of a bicycle reduces some of the dangers for our students and enables them to travel the long distances more safely.

Thuong is in Year 7 and her most recent recent study result was 9.2 out of a possible 10, ranking her 1st in her class. Her dream career is to become a Lawyer and she spends four to five hours per day on self study, this is in addition to her school and extra classes that she attends daily. Like most Vietnamese children she also does two

hours of housework daily to help her family. Thuong's family of six have a monthly income of 5,400,000 vnd. approximately \$330 aud.

Thank you to one of our wonderful supporters Ana in Australia for making this donation possible.



UPDATE: 12-06-2019

TOY DONATION THANK YOU

Khiem is one of our Lifestart Foundation scholarship students studying 2nd Year Medicine at Hue University of Medicine and Pharmacy. In his spare time he volunteers at the Children's Hospital in Hue. Khiem recently brought to our attention the lack of resources at the hospital for the inpatients.

Pediatric cancer patients often need to spend a long time in hospital and there is nothing like some new or pre loved toys to help pass the time and to take your mind off your illness for a while. Many of these children have Blood cancer and others have neuroblastoma, kidney tumors, liver tumors, lymphomas and adrenal malignant tumors.

To those of you who recently donated toys and responded to our shout out for help - THANK YOU SO MUCH. We will continue to collect toys that are clean and in good condition to help further stock the play room for these children. Please drop off any donations at 175 Ly Thai To Street, Hoi An.



UPDATE: 17-06-2019

A Laptop Donation from expat Ivan - THANK YOU IVAN!

Buu has recently received this pre loved Laptop, he is a Lifestart Foundation Scholarship student at Le Thanh Tong High School for gifted students. Buu is an excellent student and like all of our scholarship students he is from a very poor family. They would never be able to afford to purchase a much needed Laptop for Buu as their family monthly income is 2.5 - 3 million vnd per month (approx. \$110 - 140 usd) for seven people.

Buu spends 5 hours per day on self-study and this Laptop donation will be an enormous help to him.

Dear Ivan,

My name is Buu who is currently studying in year 10 in the specialized class for History and Geography at Le Thanh Tong high school for gifted students. I am writing to thank you for giving me a laptop.

Please allow me to tell you a little about my family. My family has seven people. My father is 62 years old and working as a masonry assistant. My mother is 57 years old; she is a farmer and also does housework. My first and second sisters are married and my third sister graduated from university and is looking for a job. My fourth sister received a scholarship from Lifestart Foundation and is a trainee at Streets International.

I am very happy and surprised to learn that I will receive a laptop from you. It will be a great support for my study. Thanks to it, I can learn more and reference Literature documents and Math problems and their solutions. I also now have a tool to attend some online courses.

In the past, I learned to type text and work on the computer, but I do not do it quickly. Now I have a chance to practice and improve my typing ability with this laptop. Besides that, I will use it to do group exercises which will then be presented to the class. It also helps me to contact my friends and discuss study with them and to easily receive announcements from the class and the school. In addition, I am able to download documents to review for upcoming tests and semester exams which my teachers send via email. When I did not have a laptop before, I had to borrow my sister's phone to do these things.

I will look after this laptop carefully so it lasts a long time and use it sensibly and effectively.

I would like to send my big thanks to you and Lifestart Foundation. I wish you and your family good health.

Best regards,
Vo Van Buu

If you want to read a little more about Buu click here:

Awarding scholarship: <https://bit.ly/2wUeAQC>

If you like and support what Lifestart Foundation is doing across so many projects please consider a donation, joining our Monthly Members Club or running a fundraising event for us www.lifestartfoundation.org.au



UPDATE: 22-06-2019

LIBRARY BOOK DONATION THANK YOU

We recently received two donations to supply Library books to a very under resourced Secondary School Library.



Tran Cao Van Secondary school has 443 students and is one of the schools in the country-side that Lifestart Foundation works with.

We have had many of our scholarship students attend this school and despite their lack of resources they achieve wonderful results, thanks to their wonderful teaching staff.

A big THANK YOU to expat Beatrice and our long time supporter from Australia, Ana for their generosity that made this School Library Book donation possible.



UPDATE: 14-07-2019

DONATIONS FOR POOR FAMILIES

A big thank you to expat Ethan who recently donated a huge amount of clothes, toys and household goods prior to leaving Hoi An. The toys will go to the children's cancer hospital and the clothes and household goods will be a great support for our families and students. If you are leaving Hoi An or Danang and would like to donate items that are clean and in good condition, please get in touch.

We are eternally grateful to the growing group of expats like Ethan who choose to re purpose extremely useful items in this way.



UPDATE: 30-07-2019

DONATIONS FOR POOR FAMILIES

A big thank you to expat Hannah and her family who recently donated clothes, toys and household goods prior to leaving Hoi An. The toys will go to the Children's cancer hospital and the clothes and household goods will be a great support for our families and students. If you are leaving Hoi An or Danang and would like to donate items that are clean and in good condition, please get in touch.

We are eternally grateful to the growing group of expats like Hannah who choose to re purpose extremely useful items in this way.



UPDATE: 06-08-2019

DONATIONS FOR CHILDREN WITH CANCER

A big thank you to Nga who recently donated a huge amount of toys to Lifestart Foundation. We will give the toys to the Children's cancer hospital in Hue who are very much in need of this type of donation. If you are leaving Hoi An or Danang and would like to donate items that are clean and in good condition, please get in touch.





UPDATE: 14-11-2019

Thank you to Cyril from The Help - Expat Services in Hoi An for donating this bicycle to one of our Lifestart Foundation education scholarship students, Yen. Yen is a 2nd year student at Ho Chi Minh University Of Economics, majoring in Business Administration.

Everyday she needs to travel between three campuses to attend her classes. The donation of this much-needed bicycle will ensure Yen makes it to her classes on time. Yen received her bicycle in Hoi An and we then packed it onto the bus to travel back to Ho Chi Minh City for her. Cyril, your donations provide great support to our disadvantaged students who are doing their very best to break the poverty cycle by completing their education.



UPDATE: 27-11-2019

Lifestart Foundation Education Scholarship student Long recently received an e-bike from Penguin District school in Tasmania, Australia.

Long is currently studying in year 12 at Le Thanh Tong High school for gifted students. His dream is to become a doctor in the future and at the end of Year 12 he will complete the university entrance exam which we hope will begin his journey to make his dream come true. Long is attending additional extra classes in the core subjects to prepare for the university exam. These classes are a long way from his house and they are also held in the evening so this donation of an electric bike will help a lot with his commute.

Thank you to Penguin District School for raising funds and making this fabulous donation possible during your trip to Vietnam.



UPDATE: 18-12-2019

A LAPTOP DONATION FOR TRINH -

Anna Whitelaw, recently made a \$1,000 AUD donation to Lifestart Foundation and we agreed to use the money to purchase a new laptop for one of our university students Nguyen Do Yen Trinh.

Trinh has just commenced her 1st year at the Da Nang University of Foreign Languages, majoring in Japanese studies.

Trinh was orphaned when her mum passed away 7 years ago due to breast cancer. After her mother's death, Trinh went to live with her grandmother, her uncle and his wife. Her grandma is 85 years old now and she stays at home and grows some veggies. Trinh's uncle is blind but despite this, he mills rice to earn a living. Her auntie

who has mental health problems is a rice farmer and she also raises pigs and sells duck eggs sometimes. They have three children of their own.

When Trinh entered high school, she moved to stay with another aunt who is a scrap merchant. The reason for the move was so that Trinh could travel at night to her extra classes more safely. This aunt has one boy who has cerebral palsy and one girl who is in year 8.

Up until being introduced to Lifestart Foundation Trinh lived on the support of her relatives and a little from the local government. She received Lifestart Foundation education scholarship in 2018. Now we are supporting her with funds to rent a room in Danang to live, all food and living costs and all expenses to attend university.

Trinh is a lovely young girl who has been dealt a difficult set of cards so young in life, however, she is a diligent student and we are trying our best to support her in every way we can.

Trinh was super surprised and touched when she received the laptop from Anna. This is something she could never have imagined owning. She is very grateful to Anna for this donation and she believes that this laptop will support her a lot in her studies.

#Thankyou to Anna Whitelaw for making this fabulous donation possible.

Volunteers



UPDATE: 28-02-2019

A VOLUNTEERS EXPERIENCE

A sincere and heartfelt thank you to our ongoing volunteer Sue from the UK. Sue is a long time volunteer and has supported us both in Vietnam and now continues to volunteer remotely. We asked Sue to write about her experience as a volunteer for Lifestart Foundation and to also include her background to provide some context.

"I worked in universities for most of my career, initially as a law lecturer and then moving into senior management, so I really do understand and value education. Whilst working I had many opportunities to travel, teaching in a number of countries in Europe and also in Asia. I was able to do so because while I was teaching I completed a masters degree in Teaching English for Academic Purposes by distance learning. So I

do know about working and studying at the same time; although this is a hard thing to do, it also gives huge advantages and led to a new career for me. When I was 50 I left England to teach abroad, and this added a new dimension to my life and to my understanding of various cultures and the challenges facing young people in developing countries. I combined my work abroad with becoming an English Language examiner with IELTS and frequently worked with students who were keen to undertake higher education in the west.

A few years ago I had the chance to come to Vietnam, and this gave me the opportunity to volunteer with Lifestart Foundation. I was attracted by the prospect of working with an organisation which was committed to helping young people achieve their dreams via education; I was also pleased that the Foundation sets high standards, and expects the young people, who receive scholarships and other support, to work hard and be committed. Also I may be seen as "old-fashioned" but the expectation that these students will send regular thank-you letters to their sponsors is - for me - a lovely gesture to ensure students and sponsors realise the value of the support.

For me the chance to work with Lifestart also gave me some real insight into the lives of ordinary, hard-working Vietnamese people - something I would never have had if I had simply lived the life of a tourist or a visiting expat. A real eye opener and a genuine life-enriching experience."

Thank you Sue, from all of the team at Lifestart Foundation, you are a great support and we value your time and expertise.

Projects



UPDATE: 07-09-2018

#TripAdvisor Hall Of Fame. Our 2018 Certificate of Excellence makes it five years in a row and puts us in the Trip Advisor Hall of Fame. Congratulations to our awesome Team at Lifestart Foundation for another Certificate Of Excellence. I already know that our staff are an amazing dedicated group and it is lovely to know that our customers and supporters who visit the Lifestart Foundation workshop think so too!

To book a class visit our website:

<http://www.lifestartfoundation.org.au/lifestart-foundati.../.../>

If you like and support what Lifestart Foundation is doing across so many projects please consider a donation, joining our Monthly Members Club or running a fundraising event for us. www.lifestartfoundation.org.au



UPDATE: 06-09-2018

Natural Body Products - #LongLife Natural Body Products are handmade by #Lifestart Foundation Workshop members using the highest quality natural ingredients and 100% pure essential oils that will leave your skin feeling great and your senses revived. Our products are made under license from Crusoeden Body, a proudly Australian owned and run company, producing the highest quality natural and organic products for the face, hair and body, founded by Jayne and Neville Boyle.

LongLife Natural Body Products are gentle on your skin and environmentally friendly. The LongLife logo incorporates the Chinese symbol of longevity. It stands for a long, healthy, prosperous life, a symbol found everywhere in Hoi An, Vietnam. The LongLife product line also incorporates bamboo, another symbol of longevity because of its durability, strength, flexibility and resilience. This flexibility and adaptability can teach us how a long happy life can be found by lessons from nature.

Our current range of products include:

#Shampoo - 125 ml - 180,000 vnd

#Conditioner - 125 ml - 180,000 vnd

#Face & Body Wash - 125 ml - 180,000 vnd

#Face & Body Lotion - 125 ml - 240,000 vnd

#Soothing Lip Balms - 10 gm - 100,000 vnd

#Hand Creme - 100 ml - 180,000 vnd

#Natural Insect Repellent - 50 ml - 240,000 vnd

#Natural Body Bars - 50 gm - 120,000 vnd

All proceeds from the sale of LongLife Natural Body Products will help fund future philanthropic projects in Vietnam to help those living in challenging situations become self-sufficient.

If you like and support what Lifestart Foundation is doing across so many projects please consider a donation, joining our Monthly Members Club or running a fundraising event for us.



UPDATE: 21-09-2018

Want to take home an original Vietnamese gift for your family and friends? How about a mini lantern made by you? That's what these friends did when they attended the Lifestart Foundation lantern making class. Apart from having a great time, their participation also contributed to the philanthropic work of Lifestart Foundation. For more information on Lifestart Foundation classes or to sign up visit:

<http://www.lifestartfoundation.org.au/lifestart-foundati.../.../>

If you like and support what Lifestart Foundation is doing across so many projects please consider a donation, joining our Monthly Members Club or running a fundraising event for us. www.lifestartfoundation.org.au



UPDATE: 27-09-2018

Introducing Lifestart Foundations latest initiative - LongLife Premium #Essential Oils and Oil Diffusers.

As with all of our other projects we hope that this will enable us to become a self sufficient organization in the near future.

LongLife Premium Essential Oils and Oil Diffusers.

To complement our existing range of LongLife Natural Body Products, Lifestart Foundation now offers a superb range of 8 premixed premium Essential Oils using only highest quality ingredients. Available at the Lifestart Foundation Workshop, 14 Nguyen Thai Hoc Street, Hoi An.

12 ml Oils - 300,000vnd. Oil Diffusers - 800,000vnd

Our current range of Premium Essential Oils include:

#Love - Orange Sweet, Lavender, Bergamot, Petitgrain, Sage, Ylang Ylang.

#Truth - Orange Sweet, Petitgrain, Bergamot, Lemon, Rosemary, Spearmint

#Peace - Mandarin, Lime, Lavandin Grosso, Palmarosa, Lavender Maillette, Marjoram Sweet, Myrrh

#Harmony - Orange Sweet, Lavender Maillette, Marjoram, Bergamot, Neroli

#Tranquility - Cedarwood Atlas, Grapefruit Pink, Orange Sweet, Frankincense, Rose Absolute

#Wisdom - Orange Sweet, Cedarwood Atlas, Juniperberry, Lavender Bulgaria, Patchouli, Cinnamon Bark

#Happiness - Lavandin Grosso, Grapefruit White, Lavender Maillette, Patchouli, Ginger

#LongLife - Lemongrass, Eucalyptus, Peppermint, Lime, Lemon, Myrtle

The LongLife logo incorporates the Chinese symbol of longevity. It stands for a long, healthy, prosperous life, a symbol found everywhere in Hoi An, Vietnam. The LongLife product line also incorporates bamboo, another symbol of longevity because of its durability, strength, flexibility and resilience. This flexibility and adaptability can teach us how a long happy life can be found by lessons from nature.

Our projects that will help us to become a self sufficient organization include: LSF Lantern Making and Traditional Painting classes, Traditional Tea Ceremonies, LongLife Natural Body Products, Lifestart Foundation Wine.

All profit from these initiatives help fund Lifestart Foundation philanthropic projects in Vietnam.

For more information about our projects: www.lifestartfoundation.org.au

If you like and support what Lifestart Foundation is doing across so many projects please consider a donation, joining our Monthly Members Club or running a fundraising event for us.



UPDATE: 21-11-2018

Gifts With Meaning for the #Christmas Season!

Every purchase makes a difference.

The Lifestart Foundation Workshop has now closed, however a selection of products are still available online for a special discounted price. Order by Sunday, Nov 25, 2018 to receive gifts in time for the holidays!

Visit our Online Store here: <https://dev.lifestartfoundation.org.au/>

Please help us by sharing this post with your friends so they too can do their Christmas shopping.

If you like and support what Lifestart Foundation is doing across so many projects please consider a donation, joining our Monthly Members Club or running a fundraising event for us.



UPDATE: 23-11-2018

Seeking for something different for Christmas shopping this year? Why not lightweight and soft, beautiful silk scarves?

Seeking for something different for Christmas shopping this year? Why not 100% silk hairbands (adult size)?

Seeking for something different for Christmas shopping this year? Why not Our 100% Vietnamese silk eye masks so that your beauty sleep remains uninterrupted?



CoTu Yaya products from Lifestart Foundation
lifestart
foundation

UPDATE: 24-11-2018

Gifts With Meaning for the #Christmas Season!

Every purchase makes a difference. The purchase of one of our products will help us fund our current projects.

Today Lifestart Foundation would like to introduce to you our available stock of CoTu Yaya products. Dhroong village is home to many exceptionally skilled weavers. Girls learn the art of weaving at the age of 7 from their mothers. When not tending to their crops, weaving is also a reason for CoTu women to gather and socialize. The CoTu Yaya business group was established offering ethnic CoTu fabrics, clothing and other products for purchase. Dhroong women hope their products will generate extra income so that they can provide education and other opportunities for their children and community. Your support will keep CoTu traditional crafts alive and help CoTu women realize their dreams.



UPDATE: 25-11-2018

Gifts With Meaning for the #Christmas Season!

Every purchase makes a difference. The purchase of one of our products will help us fund our current projects.



UPDATE: 26-11-2018

HOLIDAY SHIPPING DEADLINE!

ORDER NOW to receive gifts in time for the holidays! The purchase of one of our products will help us fund our current projects.

Please help us by #sharing this post with your friends so they too can do their Christmas shopping.



UPDATE: 27-11-2018

Gifts With Meaning for the #Christmas Season!

Every purchase makes a difference. The purchase of one of our products will help us fund our current projects.

Recycled Paper Bracelet >> <https://bit.ly/2ByBDUa>

Recycled magazines are cut & folded into this beautiful design. Size: (Adult) 75mm

Price: US \$7

All products are free international shipping. Please help us by sharing this post with your friends so they too can do their Christmas shopping!



UPDATE: 21-12-2018

SCARF - INFINITY CABARET

90cm (doubled) x 6cm (2 strands)

\$10 USD (free international shipping)

To purchase, please visit our Online Store here: <https://bit.ly/2A1L6Cj>

Please help us by sharing this post with your friends so they too can support our projects.

If you like and support what Lifestart Foundation is doing across so many projects please consider a donation, joining our Monthly Members Club or running a fundraising event for us.



UPDATE: 29-03-2019

You can support Lifestart Foundation with a purchase from our online store - <https://www.lifestartfoundation.org.au/get-involved/shop/>

This week we are featuring the beautiful handmade Raw and Vietnamese silk products.

Click on each product for the full description. All prices include International postage and packaging.



UPDATE: 01-04-2019

Goodwill Wine: We Propose A Toast...

Whether you will be celebrating a birthday, enjoying dinner with close friends or looking for a delicious glass of vino to compliment your next master chef dish – treat yourself to a Lifestart Foundation Goodwill Wine. We also have a Vegan wine available.

Wines are selected from boutique wineries across Victoria, Australia and then branded with a Lifestart Foundation label – a great addition to your next occasion and sure to be the talking point of the table.

All monies raised will go to supporting disadvantaged Vietnamese people to become self-sufficient through training and education programs. Click here <http://www.goodwillwine.com.au/chariti.../lifestart-foundation>

to purchase your Goodwill Wine and remember... enjoy & drink responsibly!

Please note – Goodwill wines only ship within Australia



UPDATE: 09-06-2019

The Brocade Weavers of the Central Highlands

Dhroong village is home to many exceptionally skilled weavers. Girls learn the art of weaving at the age of 7 from their mothers. When not tending to their crops, weaving is also a reason for CoTu women to gather and socialize. The CoTu Yaya business group was established offering ethnic CoTu fabrics, clothing and other products for

purchase. Dhroong women hope their products will generate extra income so that they can provide education and other opportunities for their children and community. Although the Lifestart Foundation Workshop is closed your ongoing support will keep CoTu traditional crafts alive and help CoTu women realize their dreams.

Products can be purchased online here <https://www.lifestartfoundation.org.au/get-involved/shop/>

Read more about the CoTu Yaya <https://www.lifestartfoundation.org.au/.../the-brocade-weave.../>



UPDATE: 18-07-2019

Natural Body Products – LongLife Natural Body Products are handmade at Lifestart Foundation using the highest quality natural ingredients and 100% pure essential oils that will leave your skin feeling great and your senses revived. Our products are made under license from Crusoeden Body, a proudly Australian owned and run company, producing the highest quality natural and organic products for the face, hair and body, founded by Jayne and Neville Boyle.

LongLife Natural Body Products are gentle on your skin and environmentally friendly. The LongLife logo incorporates the Chinese symbol of longevity. It stands for a long, healthy, prosperous life, a symbol found everywhere in Hoi An, Vietnam. The LongLife product line also incorporates bamboo, another symbol of longevity because of its durability, strength, flexibility and resilience. This flexibility and adaptability can teach us how a long happy life can be found by lessons from nature.

Our current range of products include:

Shampoo - 125 ml
Conditioner - 125 ml
Face & Body Wash - 125 ml
Face & Body Lotion - 125 ml
Soothing Lip Balms - 10 gm
Hand Creme - 100 ml
Natural Insect Repellent - 50 ml
Natural Body Bars - 50 gm

Visit our Online Store here: <https://www.lifestartfoundation.org.au/get-involved/shop/>

Projects that will help us to become a self sufficient organization include the Lifestart Foundation Online Store, LongLife Premium Essential Oils, LongLife Natural Body Products and Lifestart Foundation Wine. All profit from these initiatives help fund Lifestart Foundation philanthropic projects in Vietnam.

For more information about our projects: www.lifestartfoundation.org.au

If you like and support what Lifestart Foundation is doing across so many projects please consider a donation, joining our Monthly Members Club or running a fundraising event for us.

Other Activities



UPDATE: 02-09-2018

Interested in supporting #Lifestart Foundation's efforts to promote self-sufficiency in Vietnam? Why not start a "birthday pledge page"? In lieu of your upcoming birthday gifts, you will ask for donations to Lifestart. Your network of family and friends will be excited to support your cause on your birthday! The personal connection and selfless sacrifice of one's birthday is a great way to give back. To set up a birthday pledge page visit us at: http://www.lifestartfoundation.org.au/.../pledge-your-birthd... A few tips on your efforts:

1. It's best to start fundraising a few months prior to your birthday to get the ball rolling
2. Choose a catchy title, "\$27 for my 27th Birthday"

3. Share your reason for donating to LSF
4. Include a photo
5. Email your link to all your family and friends

#Philanthropy #Vietnam #HoiAn #Charity



UPDATE : 02-09-2018

#Lifestart Foundation is celebrating a major milestone - 18 years of service to the disadvantaged and disabled community in Vietnam. We have grown from very humble beginnings to an organization that now delivers significant services to those most in need. Our success would not be possible without our dedicated staff and our amazing group of supporters from all corners of the world.

If you like and support what Lifestart Foundation is doing across so many project areas, please consider a donation, joining our monthly Member Club or running a fundraising event for us. For full project details visit our website www.lifestartfoundation.org.au

**Happy
Vietnamese
Teachers'
Day!**



UPDATE: 20-11-2018

Happy Vietnamese Teachers' Day - November 20th!

We have been sharing so many posts about our amazing scholarship students who are sponsored under the Lifestart Foundation Education Scholarship Project. Today we would like to dedicate this post to all of the wonderful Vietnamese teachers and educators. A sincere Thank You and salute to all of the teachers who not only teach but inspire, support and guide our future generations!

A lot of events are organized to celebrate this special day. These include competitions and performances which are prepared by students to honor their teachers. In addition, students and parents usually give flowers (often red roses) to their teachers as a way of appreciation. That is why you can see many small flower stalls on the streets and especially in front of the school gates. On this day, students also visit their teachers at their houses, which means that they have great respect and a very close connection with their teachers. Former students also set aside their busy work schedules and gather with their old classmates to pay their beloved teachers a home visit. Apart from those activities, each school will often hold formal ceremonies in appreciation and honor of their faculties.

This year Vietnamese Teachers' Day marks the 36th anniversary of the Decision No.167-HDBT to establish November 20th as the Vietnamese Teachers' Day.

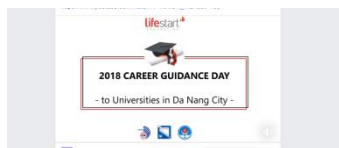
On the occasion of this special day, Lifestart Foundation would like to send best wishes and thanks to past and present Vietnamese teachers of future generations!

© Lifestart Foundation Inc 2015

182 Buckley Street, Essendon, Victoria, 3040, Australia

Tel +61 3 9331 2540

Page 45 of 52



UPDATE: 02-12-2019

In September 2018, #LifestartFoundation held their Annual Career Guidance Day to 3 universities in Da Nang City for our Year 11 and Year 12 Education Scholarship Students.

https://www.youtube.com/watch?v=RfXIUN_maAc&t=16s



UPDATE: 03-12-2019

Volunteer ESL teachers.

We are looking to capacity build our Education Scholarship staff and we hope to find volunteer teachers who can give an ongoing hour lesson online one on one.

The priority is for development of communication skills.

Please DM if you are willing to help



UPDATE: 08-12-2018

OUR STAFF GIANG'S WEDDING PARTY

Last night the Lifestart Foundation Team were all excited to attend Giang - one of our current staff's wedding party. This is her third wedding party (well with the same husband!). The first two parties already took place at her hometown in Kon Tum and her husband's hometown in Gia Lai. This third one was to celebrate with their friends and colleagues in Da Nang.

We all wish Giang and her husband a happy married life!



UPDATE: 13-12-2018

Our Lifestart Foundation team are working on improving their photographic skills. This one gets my vote for photo of the week. What do you think?

Our LSF Education Scholarship students are from very poor families living in the country side. Having the opportunity to come into the ancient town of Hoi An to have their photo taken with such a beautiful backdrop is a special occasion.

This is Thuong who Giang mentors.

If you like and support what Lifestart Foundation is doing across so many projects please consider a donation, joining our Monthly Members Club or running a fundraising event for us.



UPDATE: 13-12-2018

COLD FEET???

We are having a MASSIVE SOCK SALE. 100's of pairs imported from Australia and the UK.

Womens, Mens, Childrens and Babies.

Fun Multi colours and plain available. All new, many are cotton. \$1 per pair for adults and .50 cents for babies.

Please PM to view at 175 Ly Thai To Street, Hoi An. Only open Monday to Friday 8am to 5 pm.



UPDATE: 21-12-2018

Our Lifestart Foundation team are working on improving their photographic skills. This one gets my vote for photo of the week. What do you think?

Our LSF Education Scholarship students are from very poor families living in the country side. Having the opportunity to come into the ancient town of Hoi An to have their photo taken with such a beautiful backdrop is a special occasion.

Our model this week is Quyen, one of our LSF scholarship students.

Photo taken by Giang, who is Quyen's mentor.

If you like and support what Lifestart Foundation is doing across so many projects please consider a donation, joining our Monthly Members Club or running a fundraising event for us.



UPDATE: 22-12-2018

THANK YOU for helping Lifestart Foundation to reach 3,700 likes and thank you to all of our amazing supporters, donors and volunteers who make all of our important projects possible.

Our next goal is 4,000 likes so please help us raise awareness by liking and sharing our posts. It is an easy and simple way to help us.

If you like and support what Lifestart Foundation is doing across so many projects please consider a donation, joining our Monthly Members Club or running a fundraising event for us. There are lots of ideas on our website or contact us to have a talk about it.
www.lifestartfoundation.org.au

UPDATE: 24-12-2018



May peace, health, happiness and goodwill be with you and your family not only at Christmas time, but throughout the year and beyond. Thank you for your help and support over the past 18 years in helping Lifestart Foundation to grow into an organization that has helped thousands of disadvantaged people.

Wishing all of our wonderful Lifestart Foundation supporters, volunteers and sponsors a very Merry Christmas and a Happy New Year from Karen and all of the Lifestart Foundation team.



UPDATE: 29-12-2018

PHOTO OF THE WEEK

Our Lifestart Foundation team are working on improving their photographic skills. This one gets my vote for photo of the week. What do you think?

Our LSF Education Scholarship students are from very poor families living in the country side. Having the opportunity to come into the ancient town of Hoi An to have their photo taken with such a beautiful backdrop is a special occasion.

Our model this week is Duyen, one of our LSF scholarship students. Photo taken by Ha her mentor.



UPDATE: 31-12-2019

May peace, health, happiness and goodwill be with you and your family throughout the year and beyond.

Thank you for your help and support over the past 19 years in helping Lifestart Foundation to grow in to an organization that has helped thousands of disadvantaged people.

Wishing all of our wonderful Lifestart Foundation supporters,volunteers and sponsors a Happy New Year from Karen and all of the Lifestart Foundation team.



UPDATE: 19-01-2019

FAIFO ROASTERY

GOOD GUY DOING GOOD THINGS - Andrew from 9 Grains Bakery & Cafe HBT

Lifestart Foundation is very grateful to have the help and support of this local Hoi An business owner.

Andrew's company Faifo Roastery donate 20% of their sales to Lifestart Foundation projects

Please support local businesses who have such good hearts and give back to the community that we all live in.

Live local - Shop local - Support local

If you like and support what Lifestart Foundation is doing across so many projects please consider a donation, joining our Monthly Members Club or running a fundraising event for us.

Happy International Women's Day

UPDATE: 08-03-2019



Happy International Women's Day from Karen and the Lifestart Foundation team!

These images celebrate the Vietnamese woman. Each of these women has labored her whole life with those beautiful callused dyed hands and has earned every one of those gorgeous wrinkles.

International Women's Day is annually held on March 8 to celebrate women's achievements throughout history and across nations. It is also known as the United Nations Day for Women's Rights and International Peace. It is a day when women are recognized for their achievements, whether national, ethnic, linguistic, cultural, economic or political. It is an occasion for reflecting on past struggles and accomplishments, and more importantly, for looking ahead to the untapped potential and opportunities that await future generations of women. International Women's Day first emerged from the activities of labour movements at the turn of the twentieth century in North America and across Europe.

International Women's Day events vary across nations, but various women, including political, community, and business leaders, as well as leading educators, inventors, entrepreneurs, and television personalities, are usually invited to speak at various events on the day. The messages given at these events often focus on various themes such as innovation, the portrayal of women in the media, or the importance of education and career opportunities. Many students in schools and other educational settings participate in special lessons, debates or presentations about the importance of women in society, their influence, and issues that affect them. In some countries school children bring gifts to their female teachers and women receive small presents from friends or family members. Many workplaces make a special mention about International Women's Day through internal newsletters or notices, or by handing out promotional material focusing on the day.

These beautiful images are taken by French portrait photographer Rehahn who is based in Vietnam Gallery COULEURS D'ASIE: 7, Nguyen Hue - Hoi An

<http://www.rehahnphotographer.com/>



UPDATE: 08-04-2019

[Lifestart Monthly Members Club](#) - Monthly Giving: Join The Club!

- Great satisfaction.
- Convenience.
- Flexibility.
- Reduced paperwork and overhead expenses.
- Periodic updates.
- Tax Deductibility.

<http://www.lifestartfoundation.org.au/donate/>

Lifestart Foundation Inc. is a Deductible Gift Recipient under Australian tax law. All donations exceeding \$2 are an allowable tax deduction to the donor. Donations are via Paypal and charged in AUD.

Our projects that will help us to become a self sufficient organization include the Lifestart Foundation Online Store, LongLife Premium Essential Oils, LongLife Natural Body Products and Lifestart Foundation Wine.

All profit from these initiatives help fund Lifestart Foundation philanthropic projects in Vietnam.

For more information about our projects: www.lifestartfoundation.org.au



UPDATE: 30-04-2019

Lifestart Foundation is very proud to be sponsoring two students Buu and Ngoc in this years class of Streets International trainees.



UPDATE: 02-07-2019

LOOKING FOR A GREAT LAST MINUTE GIFT IDEA???

Please consider donating a Lifestart Foundation Gift Certificate to a family or individual we support in Vietnam.

Certificates include:

- A Family of Chickens: \$50 USD
- Annual Food Allowance: \$500 USD

- Library Books: \$55 USD
- Bicycle: \$100 USD
- Secondary School Educational Scholarship (full): \$3500 USD
- Secondary School Educational Scholarship (one year): \$600 USD

To sign up to donate a gift certificate, visit us at: <https://www.lifestartfoundation.org.au/p.../gift-certificates/>

Our projects that will help us to become a self sufficient organization include the Lifestart Foundation Online Store, LongLife Premium Essential Oils, LongLife Natural Body Products and Lifestart Foundation Wine.

All profit from these initiatives help fund Lifestart Foundation philanthropic projects in Vietnam.

For more information about our projects: www.lifestartfoundation.org.au

If you like and support what Lifestart Foundation is doing across so many projects please consider a donation, joining our Monthly Members Club or running a fundraising event for us.

Visit and support our Online Store here: <https://www.lifestartfoundation.org.au/get-involved/shop/>



UPDATE: 10-07-2019

Interested in supporting [Lifestart Foundation](https://www.lifestartfoundation.org.au/)'s efforts to promote self-sufficiency in Vietnam? Why not start a "birthday pledge page"? In lieu of your upcoming birthday gifts, you will ask for donations to Lifestart. Your network of family and friends will be excited to support your cause on your birthday! The personal connection and selfless sacrifice of one's birthday is a great way to give back. To set up a birthday pledge page visit us at: <https://www.lifestartfoundation.org.au/.../pledge-your-birth.../>

A few tips on your efforts:

1. It's best to start fundraising a few months prior to your birthday to get the ball rolling
2. Choose a catchy title, "\$27 for my 27th Birthday"
3. Share your reason for donating to LSF
4. Include a photo
5. Email your link to all your family and friends

Projects that will help us to become a self sufficient organization include the Lifestart Foundation Online Store, LongLife Premium Essential Oils, LongLife Natural Body Products and Lifestart Foundation Wine. All profit from these initiatives help fund Lifestart Foundation philanthropic projects in Vietnam.

For more information about our projects: www.lifestartfoundation.org.au

If you like and support what Lifestart Foundation is doing across so many projects please consider a donation, joining our Monthly Members Club or running a fundraising event for us.

Visit and support our Online Store here: <https://www.lifestartfoundation.org.au/get-involved/shop/>



UPDATE: 22-07-2019

Lifestart Foundation is celebrating a major milestone - 19 years of service to the disadvantaged and disabled community in Vietnam. We have grown from very humble beginnings to an organization that now delivers significant services to those most in need. Our success would not be possible without our dedicated staff and our amazing group of supporters from all corners of the world.

Our projects that will help us to become a self sufficient organization include the Lifestart Foundation Online Store, LongLife Premium Essential Oils, LongLife Natural Body Products and Lifestart Foundation Wine. All profit from these initiatives help fund Lifestart Foundation philanthropic projects in Vietnam.

For more information about our projects: www.lifestartfoundation.org.au

If you like and support what Lifestart Foundation is doing across so many project areas, please consider a donation, joining our monthly Member Club or running a fundraising event for us.



UPDATE: 23-07-2019

If you are in Hoi An July 25th and would like to support Lifestart Foundation. Please come along to this fabulous event. All profits will be donated to Lifestart Foundation to further our work with disadvantaged children and families that we work with. Thank you in advance to the organizers for your support of our work!



UPDATE: 26-11-2019

THANK YOU for helping Lifestart Foundation to reach 4,000 likes and thank you to all of our amazing supporters, donors and volunteers who make all of our important projects possible.

Our next goal is 4,100 likes so please help us raise awareness by liking and sharing our posts. It is an easy and simple way to help us.

If you like and support what Lifestart Foundation is doing across so many projects please consider a donation, joining our Monthly Members Club or running a fundraising event for us.

There are lots of ideas on our website or contact us to have a talk about it.

www.lifestartfoundation.org.au



UPDATE: 11-12-2019

COLD FEET???

We are having a MASSIVE SOCK SALE. 100's of pairs imported from Australia and the UK.

Womens, Mens, Childrens and Babies.

Fun Multi colours and plain available. All new, many are cotton. \$1 per pair for adults and .50 cents for babies.

Please PM to view at 175 Ly Thai To Street, Hoi An. Only open Monday to Friday 8am to 5 pm.